international bowel ULTRASOUND GROUP

IBUS *Nordic* Module 1

Workshop

Introduction of Bowel Ultrasonography
Intestinal Ultrasonography

Curriculum

Helsinki, Finland, 2nd–4th December 2026

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Welcome!

Dear Colleagues,

Welcome to the International Bowel Ultrasound Group Regional hands-on workshop ***Introduction to intestinal ultrasonography***.

This IBUS workshop, which is the 1st module of the IBUS Curriculum, has been developed by a group of international experts in IBD and intestinal ultrasound (IUS), involving presentations, videos, and hands-on sessions. You will learn about the basics of IUS and the role of IUS in diagnosis, treatment, follow-up, and complications in IBD.

After this workshop, you will have basic knowledge on utilizing IUS in clinical practice and be ready for further training in Module 2 and 3 of the IBUS Curriculum.

We are looking forward to meeting you in Helsinki, Finland!

Best wishes,
Clas-Göran, Johanna, Lauri & Rauf
Local workshop organizers on behalf of the IBUS Nordic Steering Committee and the non-profit association **International Bowel Ultrasound Group e.V.**

Day 1 – 2nd of December, Wednesday

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11:30 - 12:30 Registration and lunch

12:30 - 13:00 **Welcome, introduction, course program**
Clas-Göran af Björkesten

13:00 - 13:30 **Pretest Module 1**
Zainab Nagras

13:30 - 14:00 **How to set up the machine and how to perform intestinal ultrasound – Intestinal ultrasound of normal bowel**
Mladen Makitan

14:00 - 15:30 **Hands-on #1: Setting up the machine and normal intestinal ultrasound (healthy volunteers)**

15:30 - 15:45 Coffee and Refreshments

15:45 - 16:15 **Intestinal ultrasound in ulcerative colitis**
Clas-Göran af Björkesten

16:15 - 17:45 **Hands-on #2: Intestinal ultrasound in ulcerative colitis**

17:45 - 18:00 **Closing day 1**

19:30 - 22:00 Dinner at the hotel

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Day 2 – 3rd of December, Thursday

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08:30- 09:00 **Intestinal ultrasound in Crohn's disease**
Jacob Wium Bjerrum

09:00- 10:30 **Hands-on #3: Intestinal ultrasound in Crohn's disease**

10:30 - 11:00 **Complications in Crohn's disease**
Fulvia Terracciano

11:00 - 12:00 **Hands-on #4: Complications (IBD Cases – library)**

12:00 - 12:20 **Intestinal ultrasound in pregnancy and in children**
Jacob Wium Bjerrum and Laura Merras-Salmio

12:20 - 13:00 Lunch

13:00 - 14:30 **Hands-on #5: Monitoring**

14:30 - 14:45 Coffee and Refreshments

14:45 - 15:15 **Intestinal ultrasound after surgery; relocation and relapse**
Tillmann Raith

15:15 - 16:45 **Hands-on #6: Intestinal ultrasound in patients after surgery**

16:45 - 17:15 **What if it is not IBD?**
Rauf Samaletdin

17:15 - 17:30 **Closing day 2**

19:30 - 22:00 Dinner at Restaurant Kappeli

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Day 3 – 4th of December, Friday

08:30 - 09:00 **10 Mistakes in intestinal ultrasound - limitations, pitfalls and solutions**
Kim Nylund

09:00 - 10:30 **Hands-on #7: Challenging cases (overweight, stoma, rectum)**

10:30 - 10:45 Coffee

10:45 - 11:05 **Standardized documentation and reporting**
Peter Gedeon

11:05 - 12:30 **Hands on #8: Team challenge – IBD patients**

12:30 - 13:15 Lunch

13:15 - 13:45 **IBUS Nordic: Post course training strategies**
Clas-Göran af Björkesten

13:45 - 14:15 **Post course test**
Zainab Nagras

14:15 - 14:30 **Feedback, evaluation & closing remarks and next steps**

Faculty members

in alphabetical order

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Taina Arvola
Pediatric Gastroenterologist
Kanta-Häme Central Hospital
Wellbeing Services County of Kanta-Häme
Hämeenlinna, Finland

Jacob Wium Bjerrum
Assoc. Professor, Gastroenterologist
University of Copenhagen
Copenhagen Intestinal UltraSound (CIUS)
Copenhagen University Hospital - Herlev
Copenhagen, Denmark

Clas-Göran af Björkesten
Gastroenterologist
Abdominal Center,
Helsinki University Hospital
Helsinki, Finland

Peter Gedeon
Gastroenterologist
Department of Gastroenterology
Skånes Universitetssjukhus
Lund/Malmö, Sweden

Johanna Haapamäki
Gastroenterologist
Abdominal Center,
Helsinki University Hospital
Helsinki, Finland

Stephan Haas
Gastroenterologist
Karolinska University Hospital,
Karolinska Institutet
Stockholm, Sweden

Aki Käräjämäki
Gastroenterologist
Vaasa Central Hospital,
Wellbeing Services County of Ostrobothnia
Vaasa, Finland

Mladen Makitan
Gastroenterologist
Department of Gastroenterology
Skånes Universitetssjukhus
Lund/Malmö, Sweden

Laura Merras-Salmio
Associate Professor, Pediatric Gastroenterologist
New Children's Hospital
Helsinki University Hospital
Helsinki, Finland

Zainab Gassem Nagras
PhD Fellow
Copenhagen Intestinal Ultrasound (CIUS)
Digestive Disease Center, Division of Medicine
Copenhagen University Hospital - Bispebjerg
Copenhagen, Denmark

Kim Nylund
Professor of Gastroenterology
Department of Medicine, Haukeland University Hospital
Department of Clinical Medicine, University of Bergen
Bergen, Norway

Lauri Puustinen
Gastroenterologist
Abdominal Center,
Helsinki University Hospital
Helsinki, Finland

Tillmann Raith
Gastroenterologist
Department of Gastroenterology
Skånes Universitetssjukhus
Lund/Malmö, Sweden

Jaakko Rautakorpi
Gastroenterologist
TYKS Stomach Center,
Turku University Hospital
Turku, Finland

Rauf Samaletdin
Gastroenterologist
Abdominal Center,
Helsinki University Hospital
Helsinki, Finland

Fulvia Terracciano
Gastroenterologist
IRCSS Casa Sollievo della
Sofferenza
San Giovanni Rotondo, Italy

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General Information

international bowel ULTRASOUND GROUP

Workshop Location:
Helsinki University Hospital
Bridge Hospital
Haartmaninkatu 4
00290 Helsinki
Finland

Workshop Organizer:
IBUS Nordic Steering Committee

Workshop Local Organizers:

Clas-Göran af Björkesten, Johanna Haapamäki, Lauri Puustinen & Rauf Samaletdin

Sponsors (in alphabetical order):

AbbVie, Celltrion, Ferring, Johnson & Johnson, Takeda, Tillotts

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