

# Transperineal ultrasound

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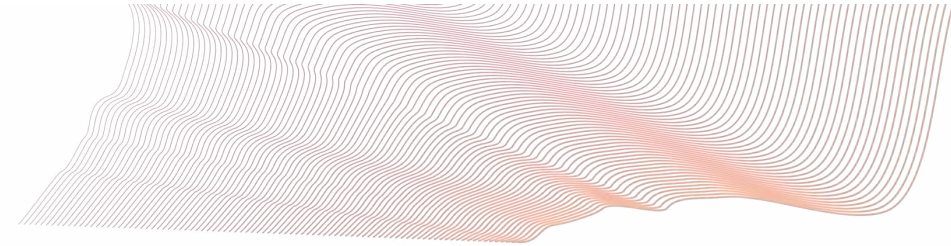


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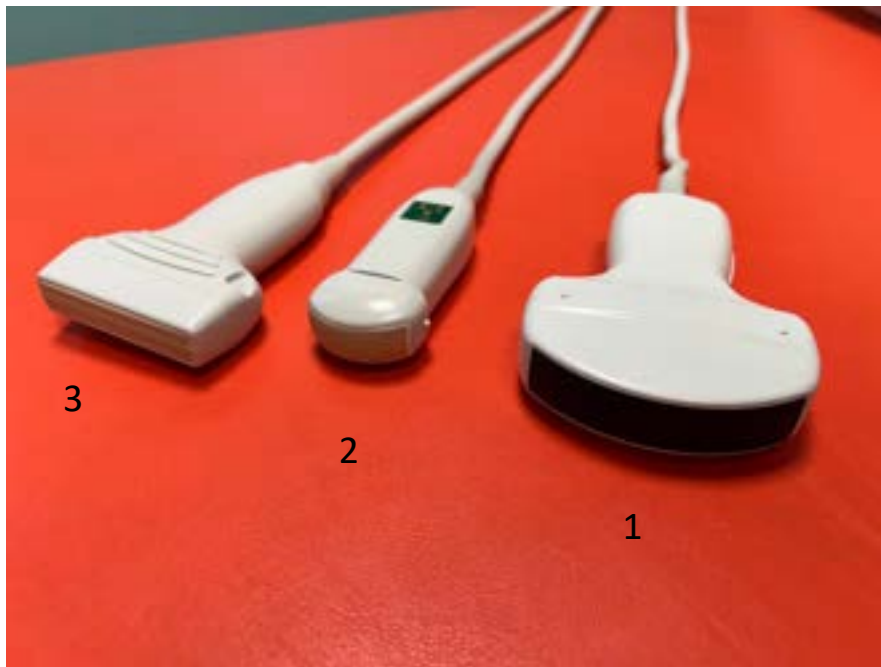
# Disclosure

Dr. Mariangela Allocca received consulting fees from Nikkiso Europe, Mundipharma, Alfasigma, Janssen, Abbvie, Ferring, Galapagos, Sandoz, Lilly and Pfizer

## Transperineal ultrasound (TPUS)

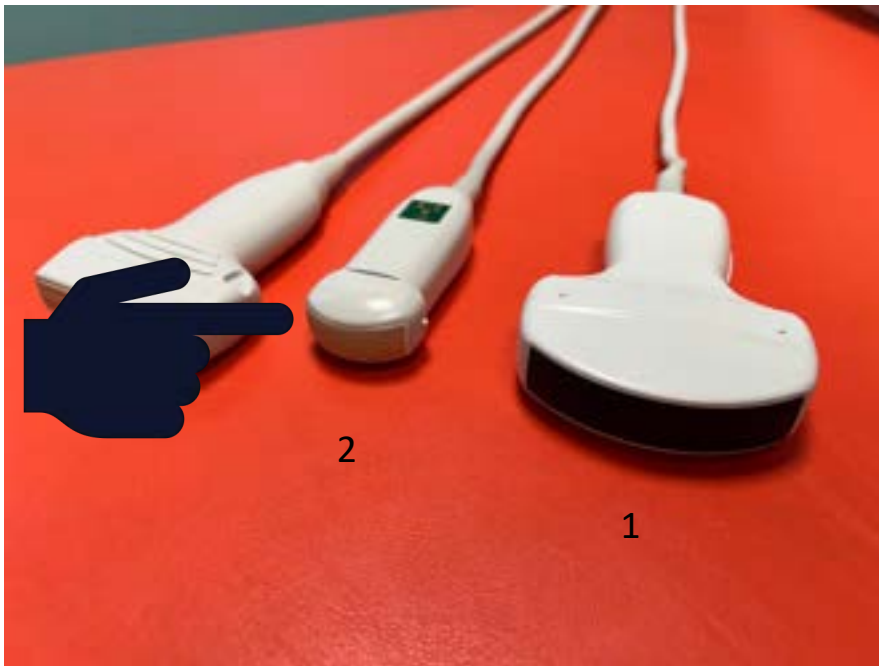
- ✓ assessment of the rectum
- ✓ assessment of the pouch
- ✓ assessment of the perianal disease

# Equipment



- The same transducers we use for IUS
- Both low-frequency (1: 6-1 MHz) and high-frequency (2-3: 8-4 MHz and 13-5 MHz) transducers

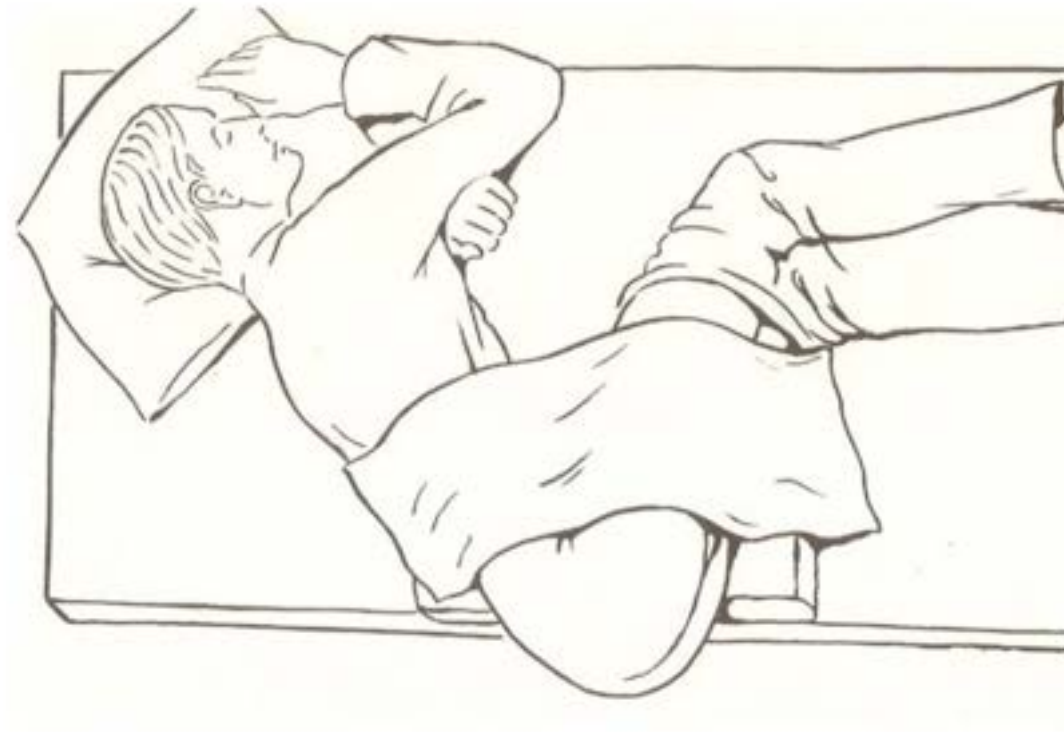
# Equipment



- The same transducers we use for IUS
- Both low-frequency (1: 6-1 MHz) and high-frequency (2-3: 8-4 MHz and 13-5 MHz) transducers

# Position

## Left lateral position



# Technique

- Anus
- Perianal body
- Vagina/scrotus



# Technique

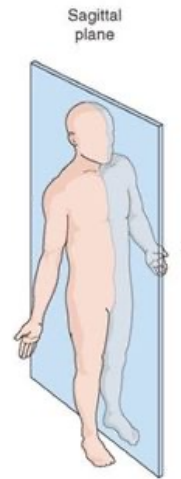
- Anus
- Perianal body
- Vagina/scrotus

Use a standardized approach

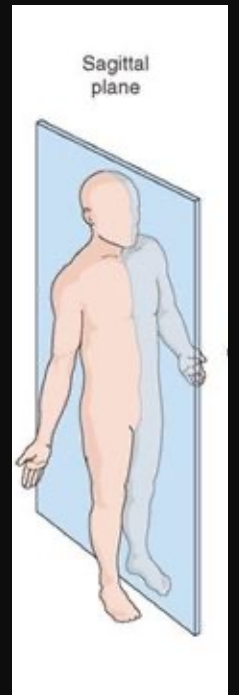
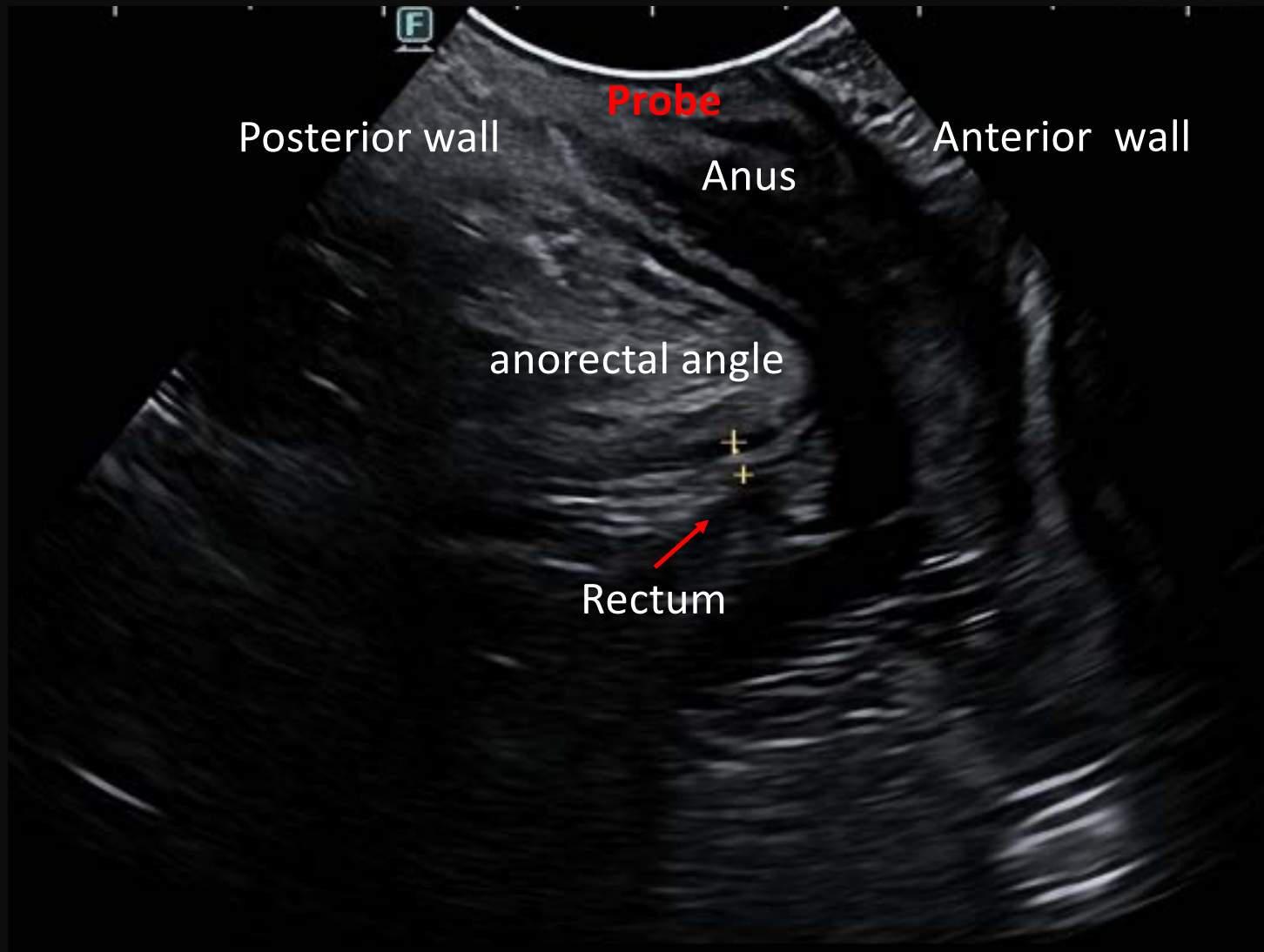


# Sagittal scan

Position the probe over the anus in the sagittal scan (or postero-anterior scan) in patients in the left lateral position

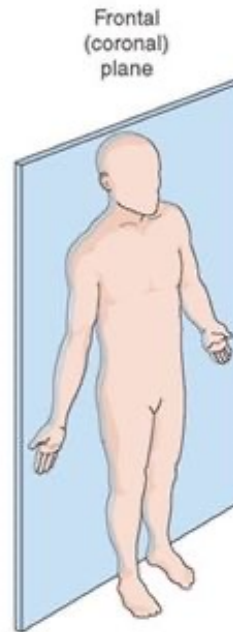


# Sagittal scan

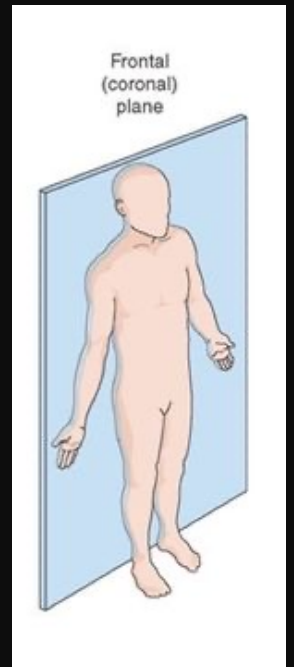
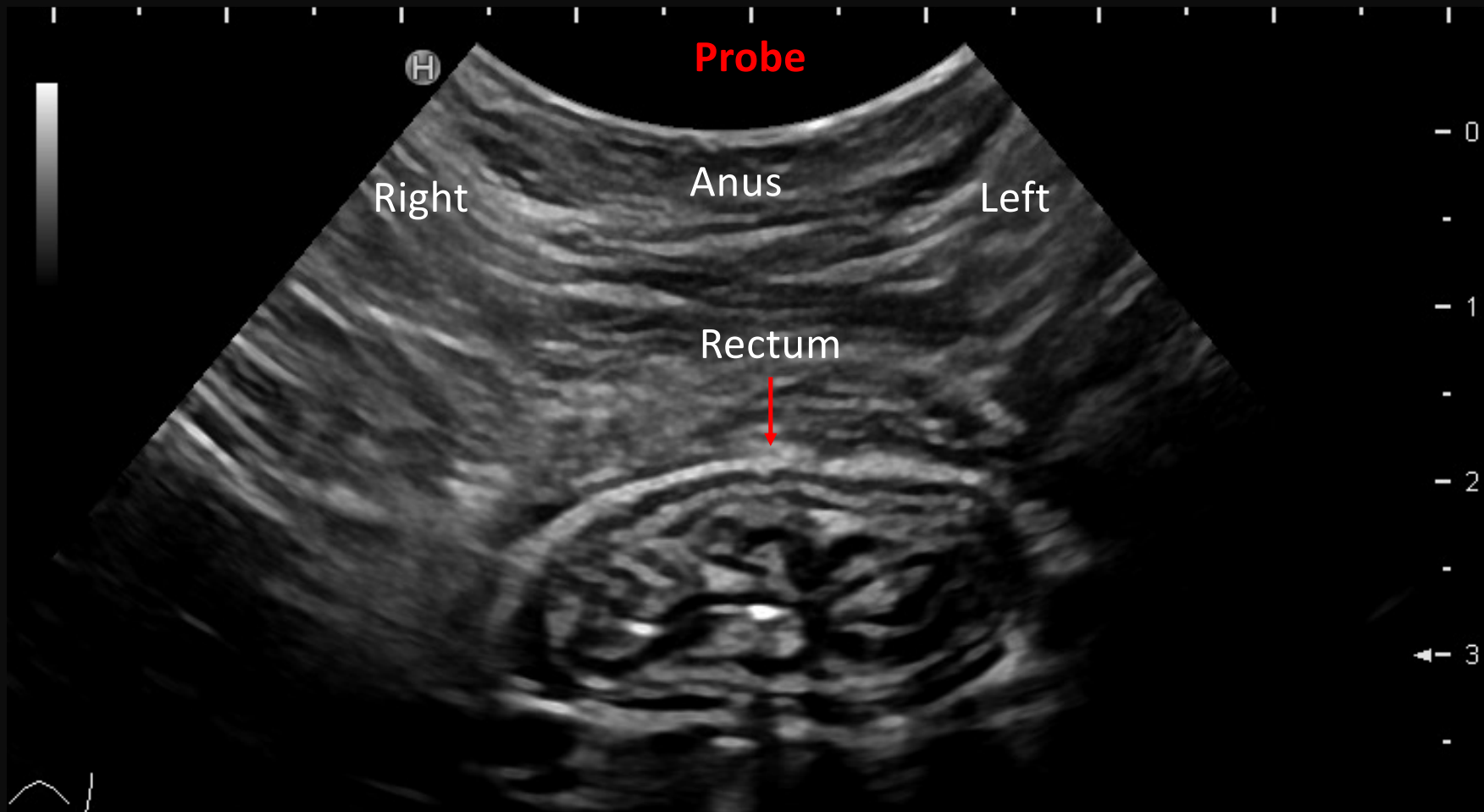


# From sagittal to coronal scan

From the sagittal scan, by rotating the transducer of 90 degrees, you can get a coronal scan (or laterolateral scan)

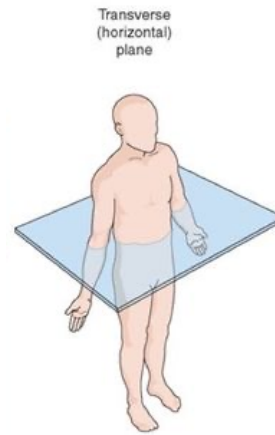


# Coronal scan



# Trasversal scan

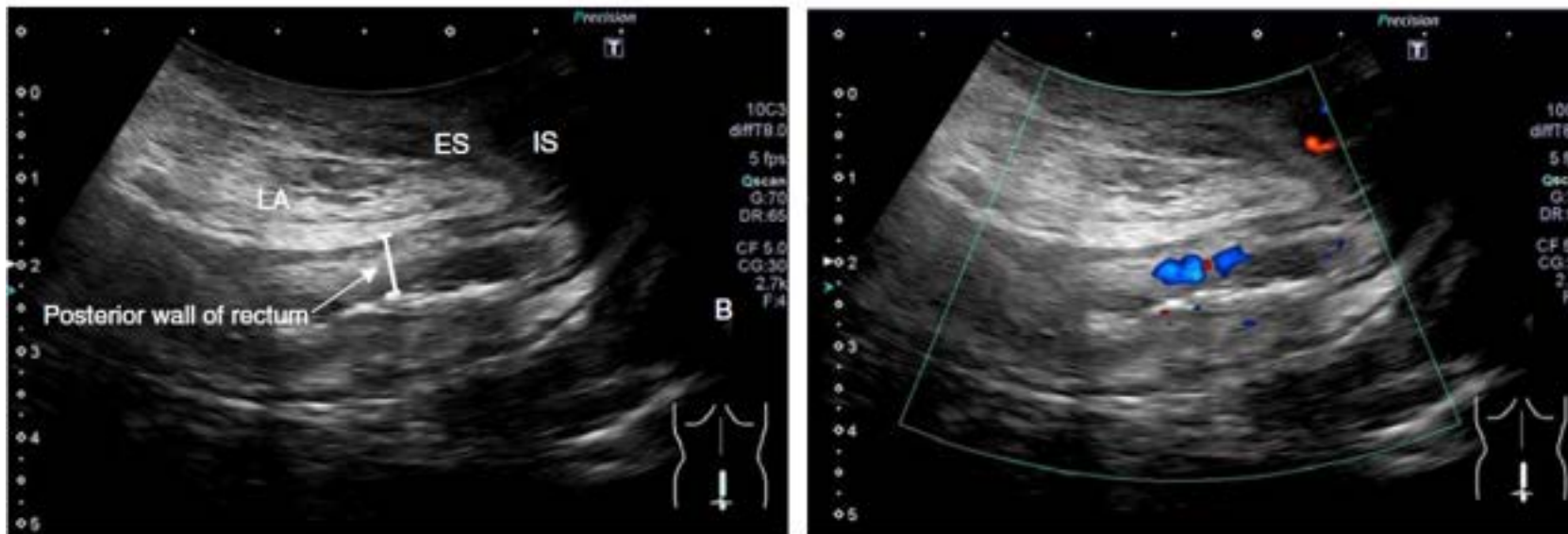
Place the transducer between the anus and the vagina (or scrotum) to obtain a transverse scan of the anus



# Transperineal ultrasound (TPUS)

- ✓ assessment of the rectum

BWT was independently associated with endoscopic activity in the rectum (as defined by Mayo Endoscopic Score  $\geq 2$ )



| Variable            |                                                 | Univariate        |                        |         | Multivariable     |                        |         |
|---------------------|-------------------------------------------------|-------------------|------------------------|---------|-------------------|------------------------|---------|
|                     |                                                 | OR                | 95% CI                 | P value | Adjusted OR       | 95% CI                 | P value |
| TPUS                | Bowel wall thickness (mm)                       | 4.21 <sup>a</sup> | 2.00-8.84 <sup>a</sup> | 0.0002* | 3.18 <sup>a</sup> | 1.43-7.06 <sup>a</sup> | 0.0003* |
|                     | Bowel wall flow <sup>c</sup><br>(LS 0-1 vs 2-3) | 13.78             | 3.59-52.84             | 0.0001* | 4.07              | 0.79-23.1              | 0.1044  |
| Faecal calprotectin |                                                 | 1.41 <sup>b</sup> | 0.94-2.12 <sup>b</sup> | 0.0993  | 1.17 <sup>b</sup> | 0.91-1.52 <sup>b</sup> | 0.2208  |

internal sphincter (IS), external sphincter (ES) and levator ani muscle (LA)

*Shintaro S et al. ATP 2020*

BWT  $\leq$  4 mm was 100% sensitive in excluding proctitis,  
and BWT  $>$  6 mm was 87% specific in detecting proctitis

| Index                           | Mayo endoscopic subscore $\geq 2$ |             |       |       |       |                 |         |
|---------------------------------|-----------------------------------|-------------|-------|-------|-------|-----------------|---------|
|                                 | Sensitivity                       | Specificity | PPV   | NPV   | AUC   | 95% CI          | P value |
| BWT in transperineal ultrasound |                                   |             |       |       |       |                 |         |
| >4 mm                           | 100%                              | 45.8%       | 69.0% | 100%  | 0.904 | 0.787-<br>0.957 | 0.0002  |
| >5 mm                           | 89.7%                             | 75.0%       | 81.3% | 85.7% |       |                 |         |
| >6 mm                           | 65.5%                             | 87.5%       | 86.4% | 67.7% |       |                 |         |

# Assessment of rectum in sagittal scan



# Assessment of rectum in coronal scan



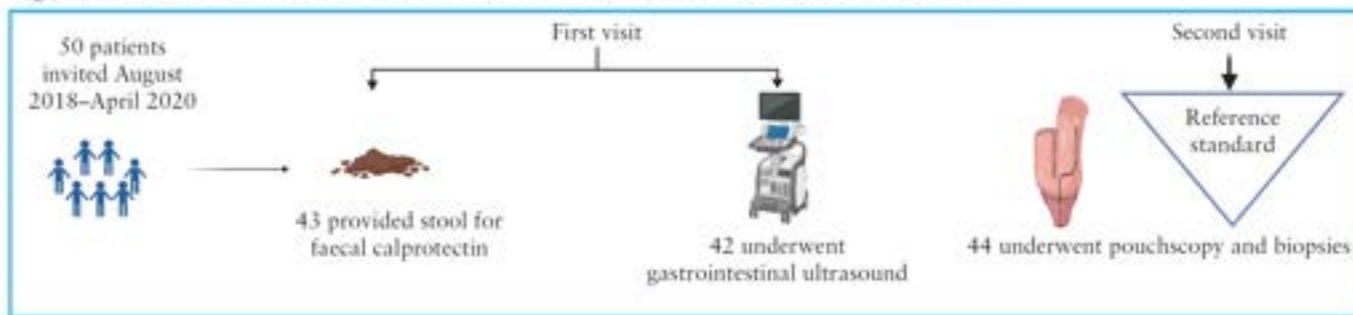
# Transperineal ultrasound (TPUS)

- ✓ assessment of the pouch

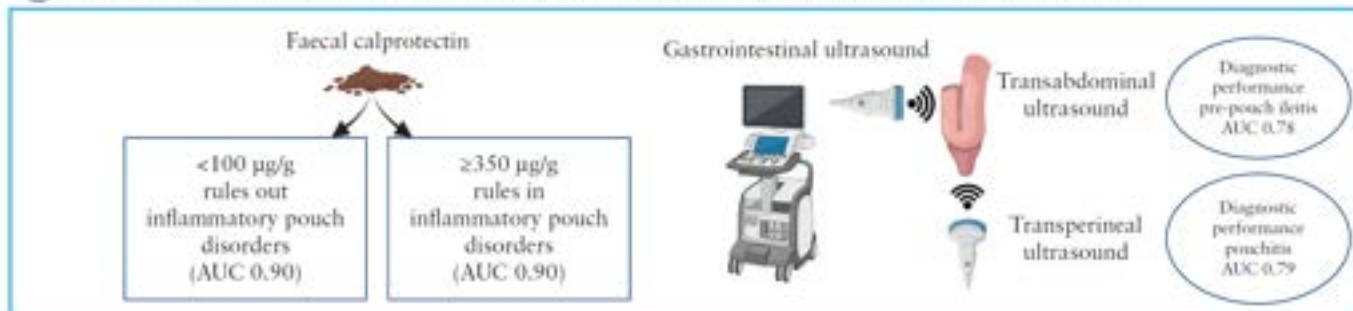
## Pouch wall thickness assessed by TPUS detected pouchitis (as defined by PDAI $\geq 7$ and Endoscopic Subscore $\geq 2$ )

Pouch wall thickness of  $<3$  mm was 88% sensitive in excluding pouchitis, and pouch wall thickness of  $\geq 4$  mm was 87% specific in diagnosing pouchitis

### ① Two-visit cross-sectional study consecutively enrolled patients with ileoanal pouches in Australia



### ② Faecal calprotectin and gastrointestinal ultrasound are accurate non-invasive tests for assessing ileoanal pouches



Ardalan et al. JCC 2022

# Assessment of pouch



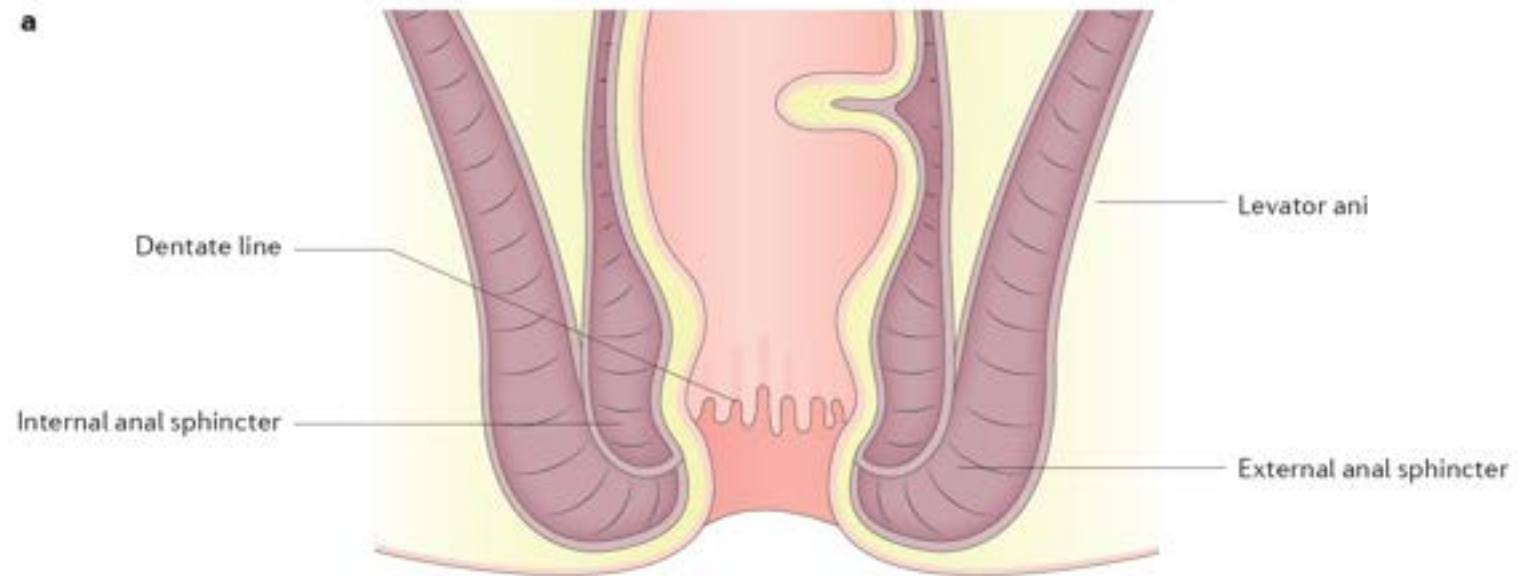
## Transperineal ultrasound (TPUS)

- ✓ assessment of the perianal disease

# Classification of perianal fistulas: Parks classification

| Parks classification |                                                                                                                                                               |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Superficial          | Superficial fistula without crossing any sphincter or muscular structure                                                                                      |
| Intersphincteric     | Fistula tract between the internal anal sphincter and external anal sphincter, in the intersphincteric space                                                  |
| Trans-sphincteric    | Fistula tract crosses the external anal sphincter                                                                                                             |
| Suprasphincteric     | Fistula tract penetrates the intersphincteric space and continues over the top of the puborectalis and penetrates the levator muscle before reaching the skin |
| Extrasphincteric     | Fistula tract outside the external anal sphincter and penetrating the levator muscle                                                                          |

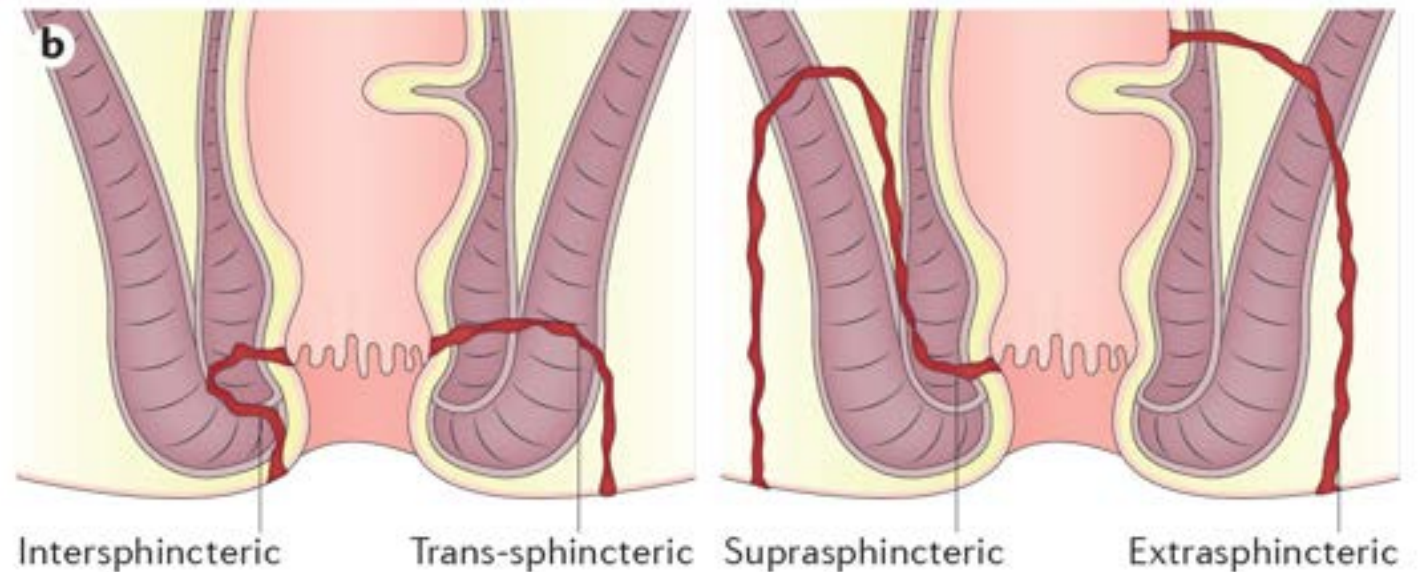
**a**



*Panés and Rimola. Nat Rev Gastroenterol Hepatol 2017*

# Classification of perianal fistulas: Parks classification

| Parks classification     |                                                                                                                                                               |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Superficial</b>       | Superficial fistula without crossing any sphincter or muscular structure                                                                                      |
| <b>Intersphincteric</b>  | Fistula tract between the internal anal sphincter and external anal sphincter, in the intersphincteric space                                                  |
| <b>Trans-sphincteric</b> | Fistula tract crosses the external anal sphincter                                                                                                             |
| <b>Suprasphincteric</b>  | Fistula tract penetrates the intersphincteric space and continues over the top of the puborectalis and penetrates the levator muscle before reaching the skin |
| <b>Extrasphincteric</b>  | Fistula tract outside the external anal sphincter and penetrating the levator muscle                                                                          |

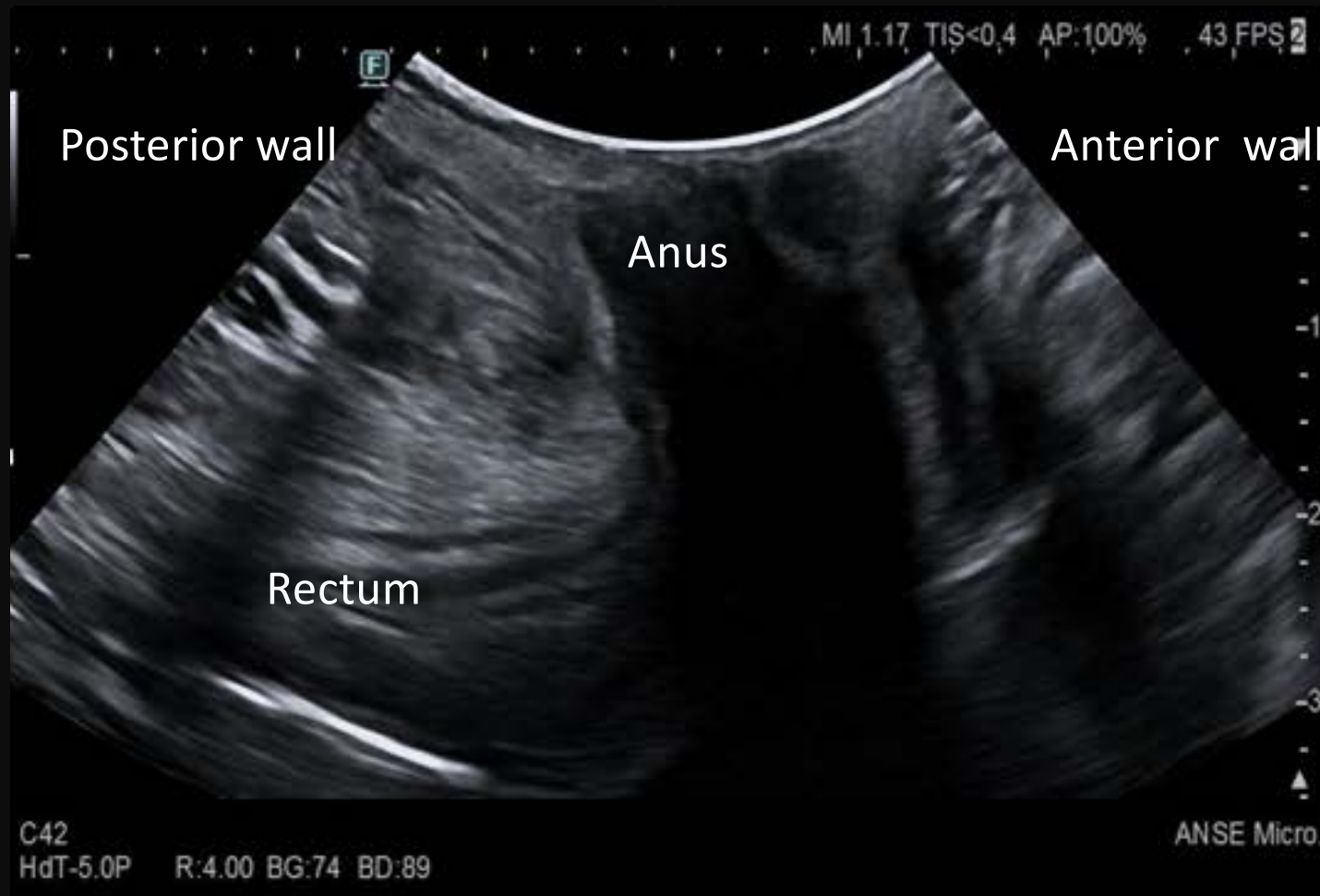




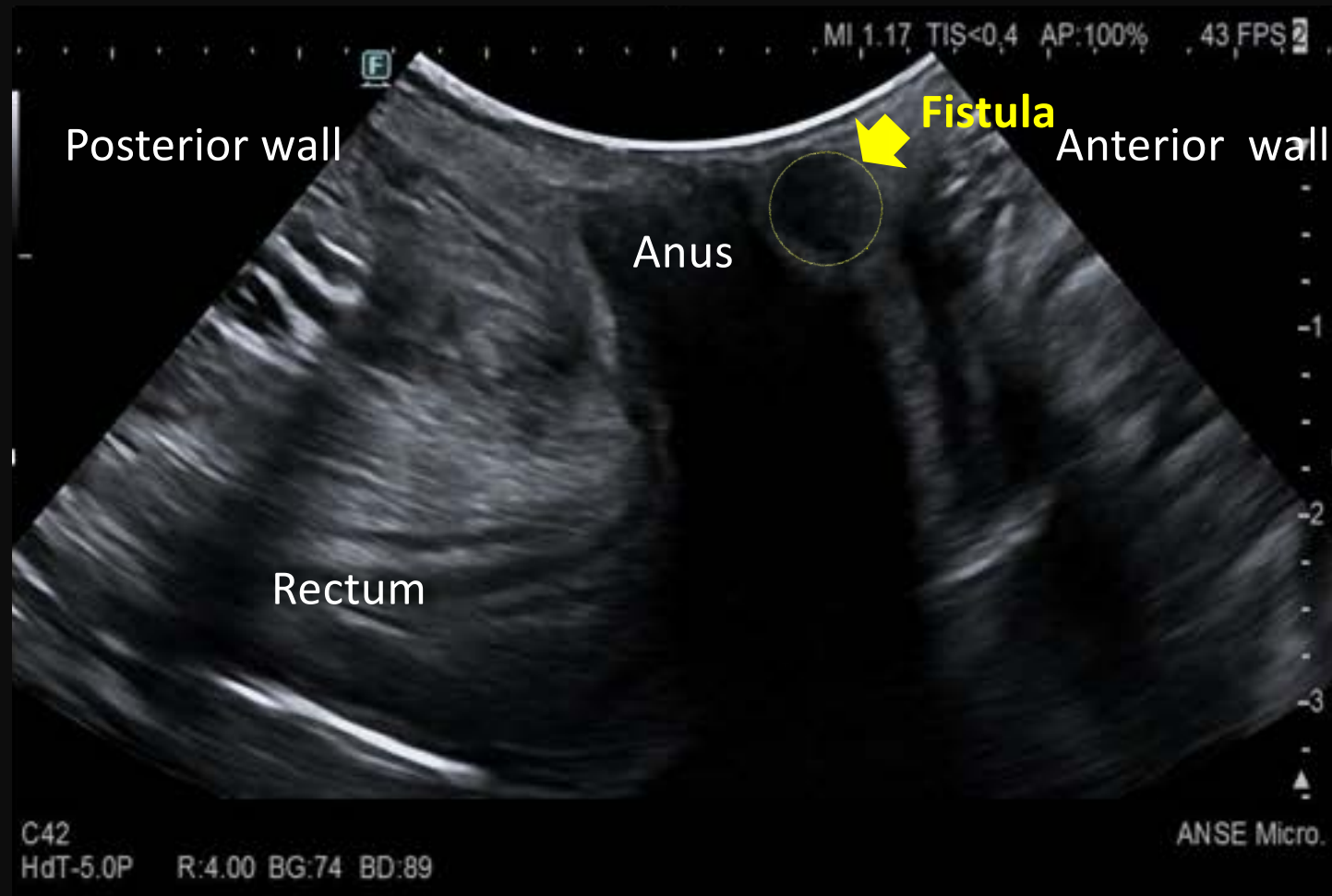
C42  
HdT-5.0P R:4.00 BG:74 BD:89

ANSE Micro.

# Anterior intersphincteric fistula, sagittal scan



# Anterior intersphincteric fistula, sagittal scan



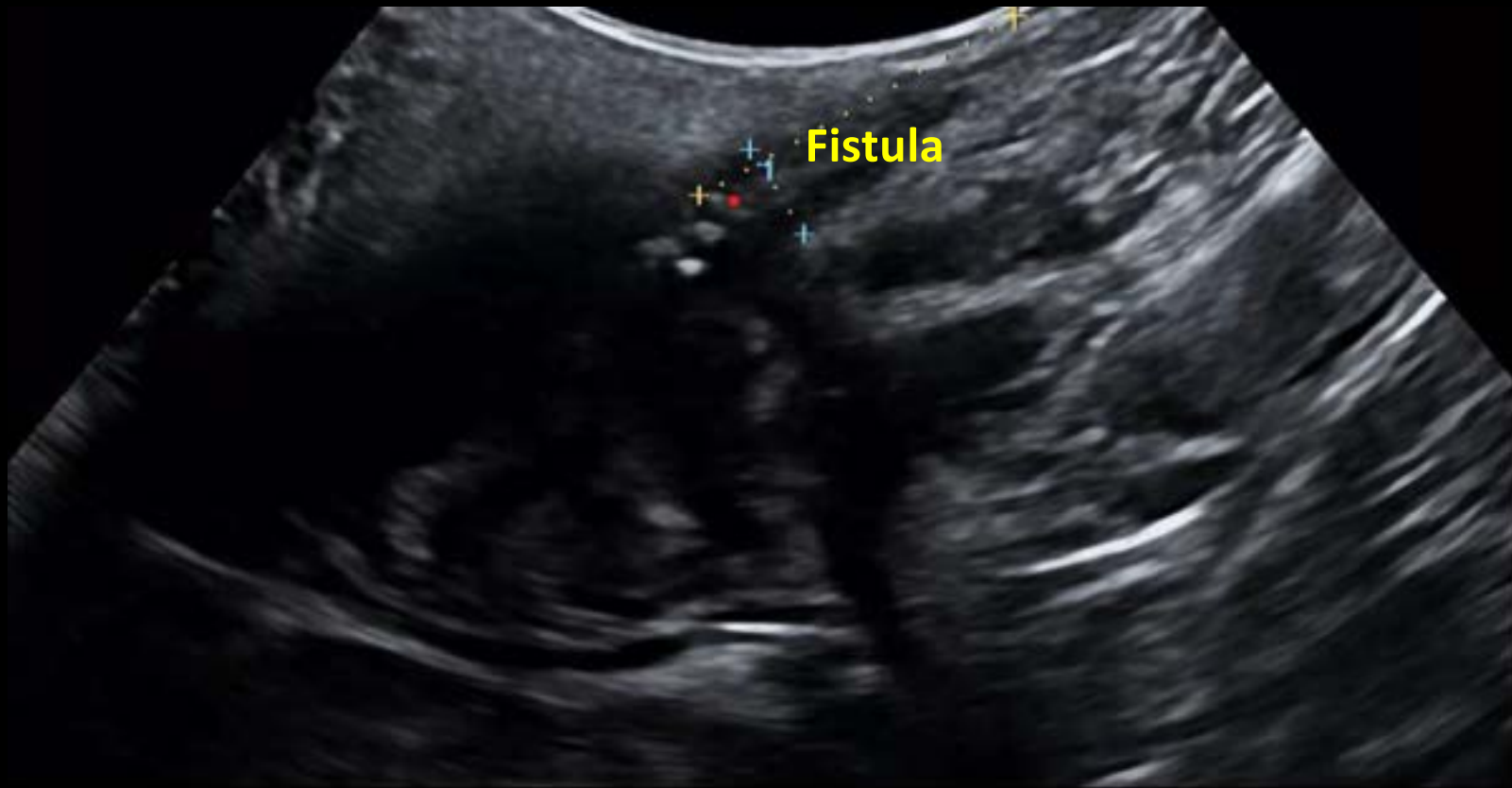


# An 11 o'clock intersphincteric fistula, transverse scan





An 5 o'clock intersphincteric fistula, trasversal scan, probe between the anus and coccyx

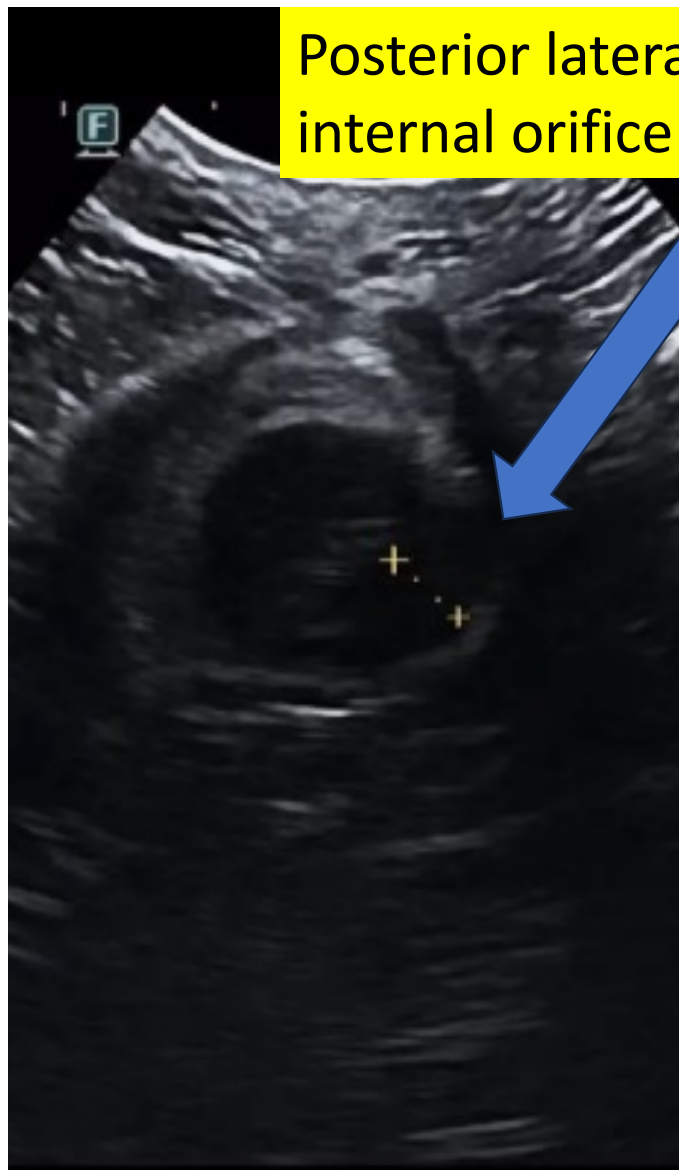
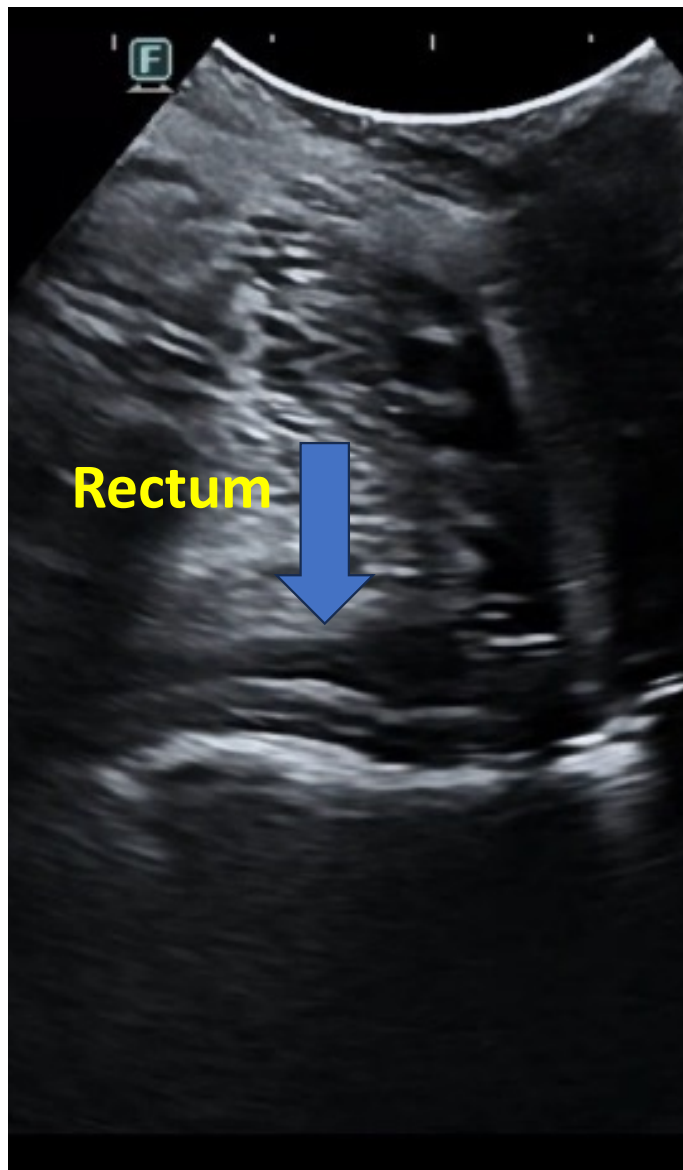


Sagittal scan of the anus



Trasversal scan of the anus





Posterior lateral intersphincteric fistula,  
internal orifice at 5 o'clock





# An 11 o'clock transphincteric fistula with a seton in situ, transverse scan

Fistula diameter 7 mm

Distance of the fistula from the skin 8.4 mm

Probe



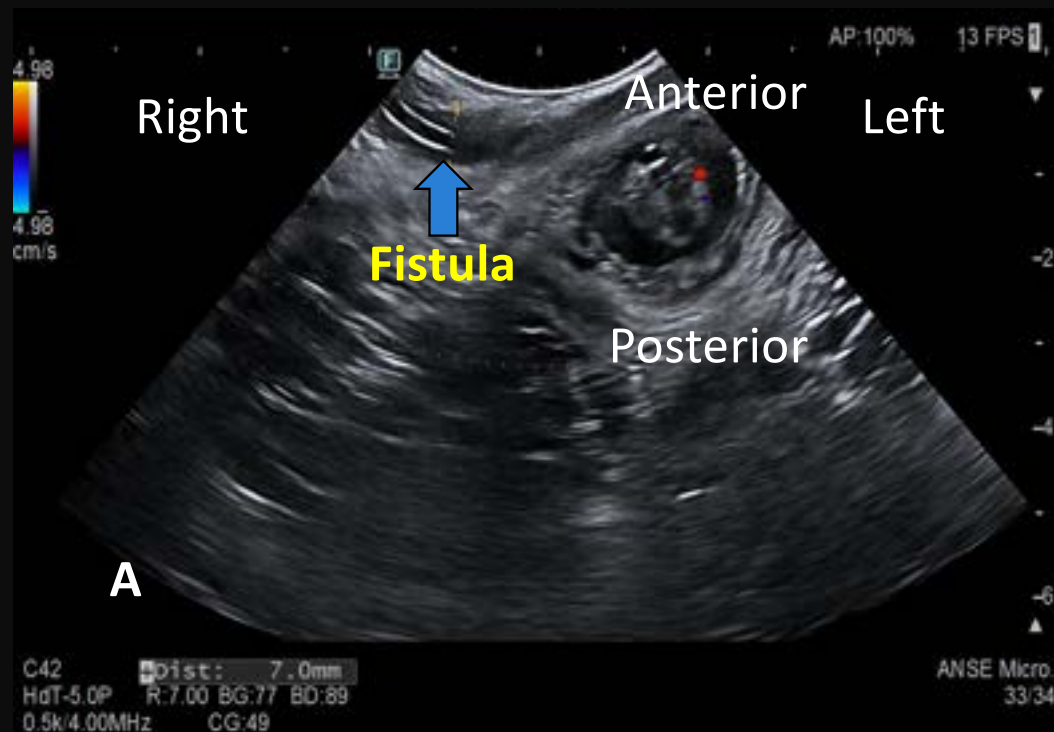
Probe



# An 11 o'clock transphincteric fistula with a seton in situ, transverse scan

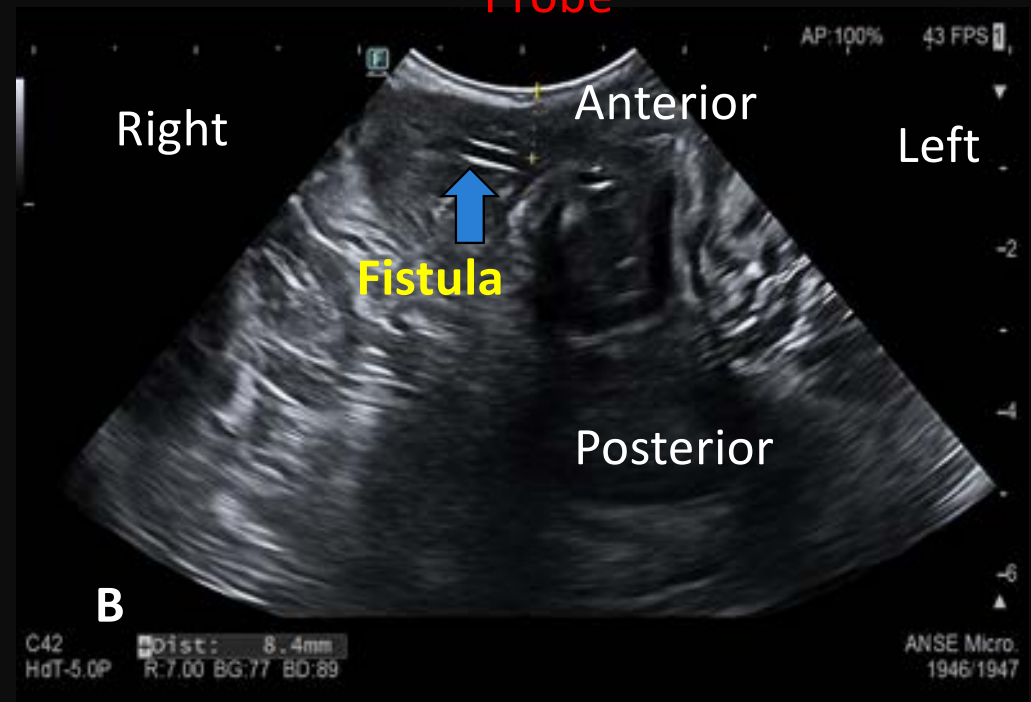
Fistula diameter 7 mm

Probe



Distance of the fistula from the skin 8.4 mm

Probe





## Posterior transfincteric fistula, sagittal scan





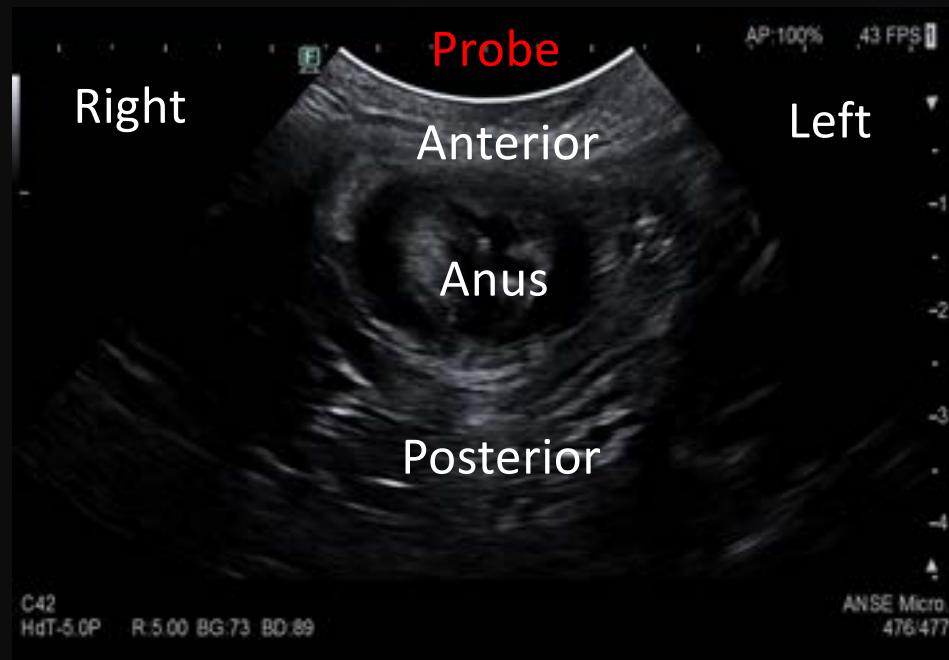
Transphincteric  
fistula at 1 o'clock



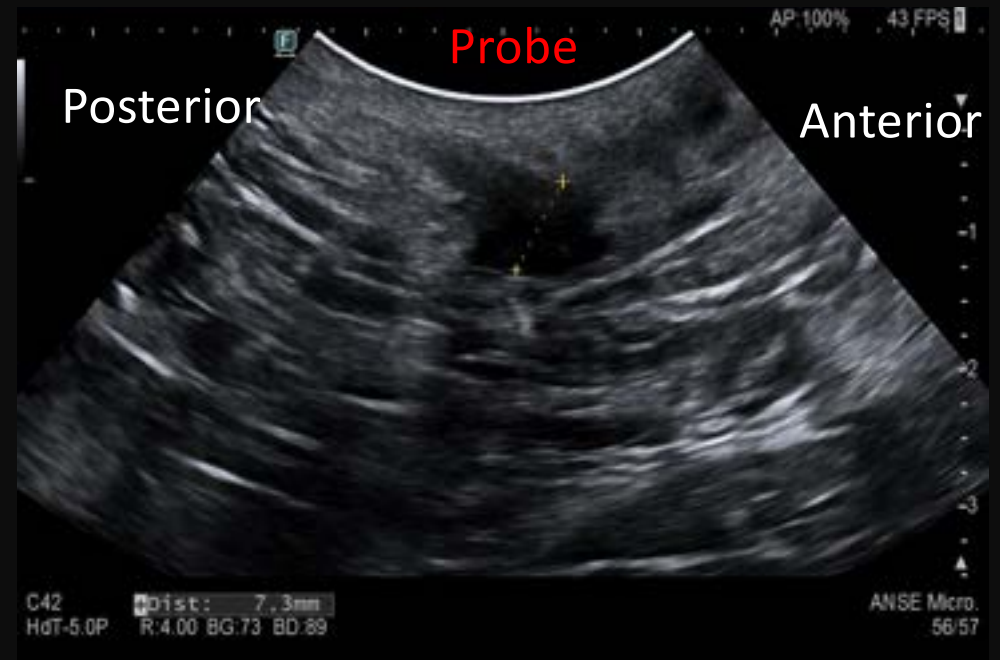
Interphincteric fistula  
at 7 o'clock



Transverse scan

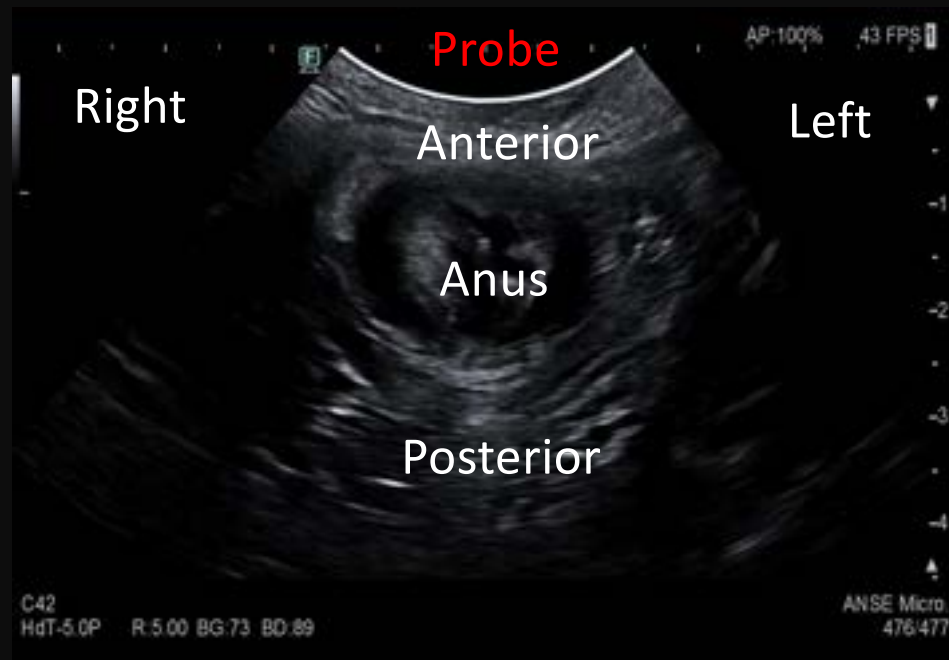


Sagittal scan

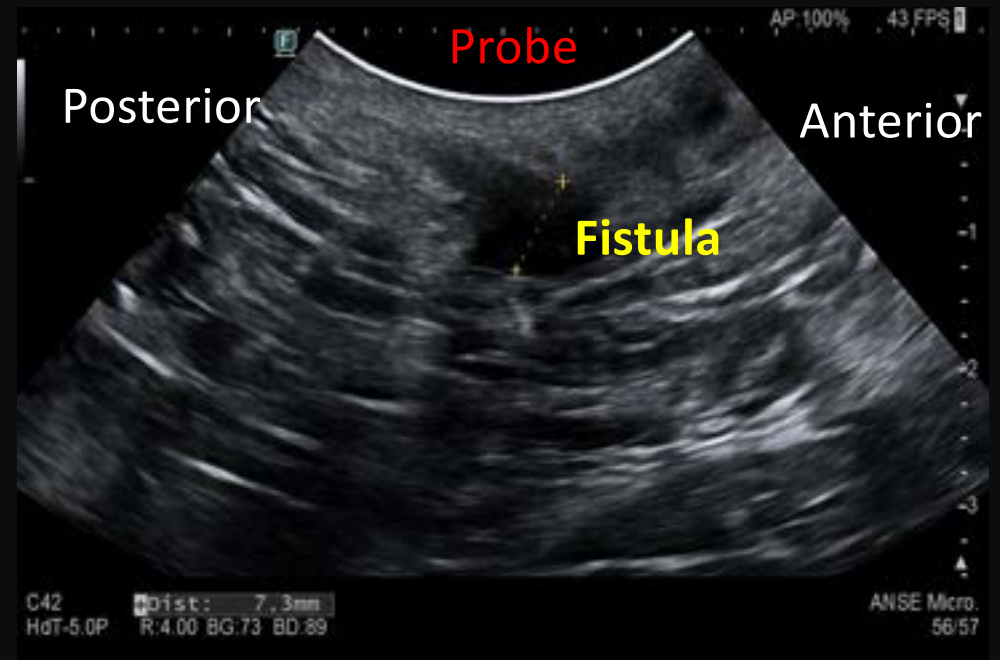


# Extraspinteric fistula

Transverse scan



Sagittal scan



# Extraspinteric fistula, coronal scan





C42 Dist: 5.2mm



ANS C42 Dist: 4.5mm



ANSE



C42 Dist: 25.9mm Dist: 8.0mm

ANS



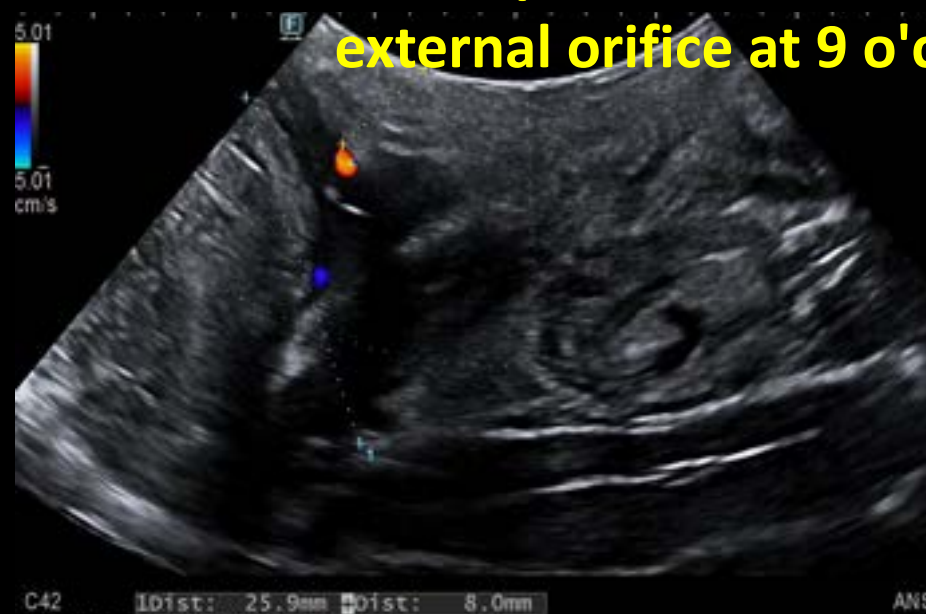
C42 Dist: 14.2mm Dist: 13.9mm Dist: 12.8mm

ANS

CORONAL DC

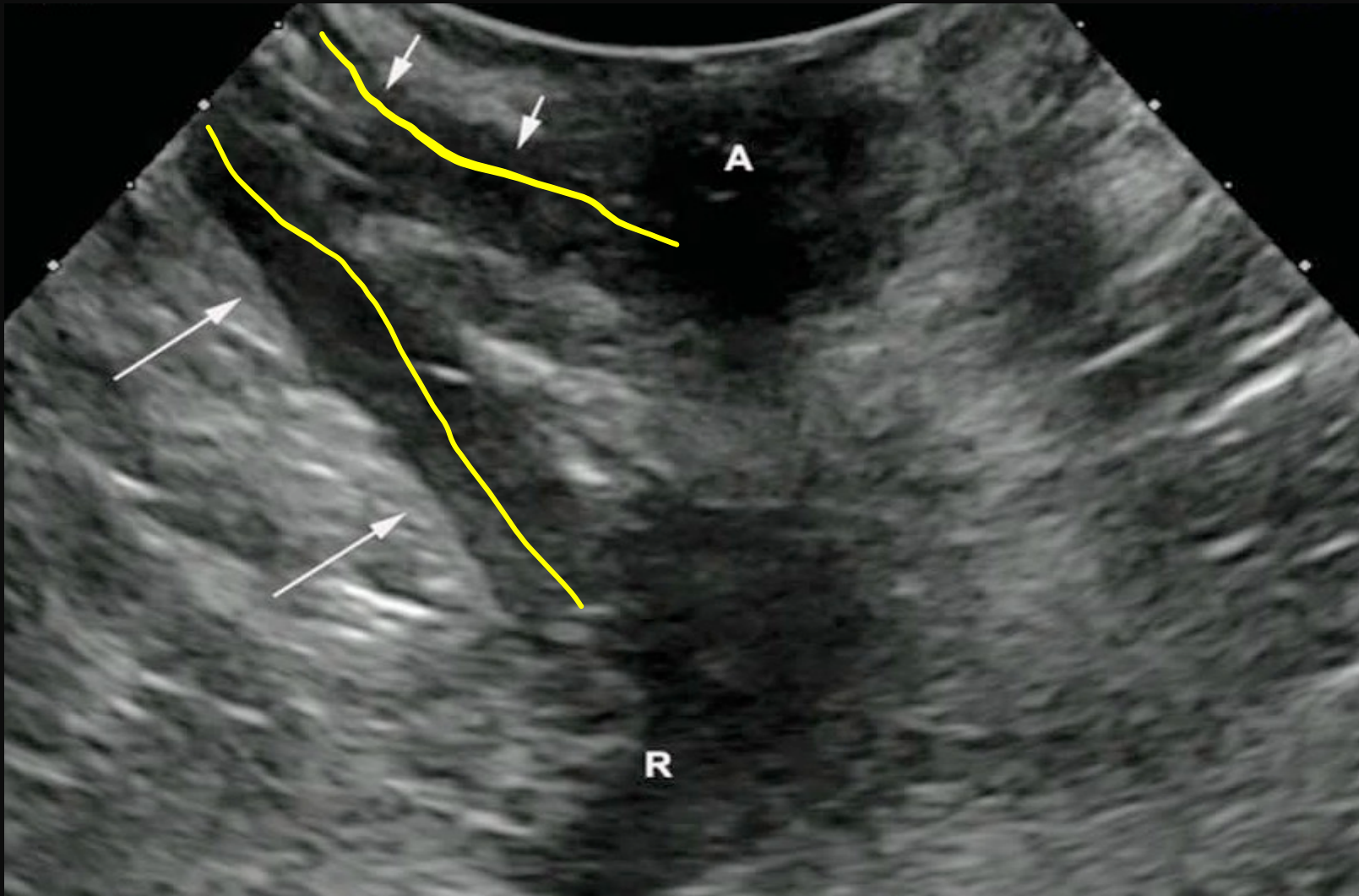


**Extra-sphincteric fistula with inflammatory mass,  
external orifice at 9 o'clock**



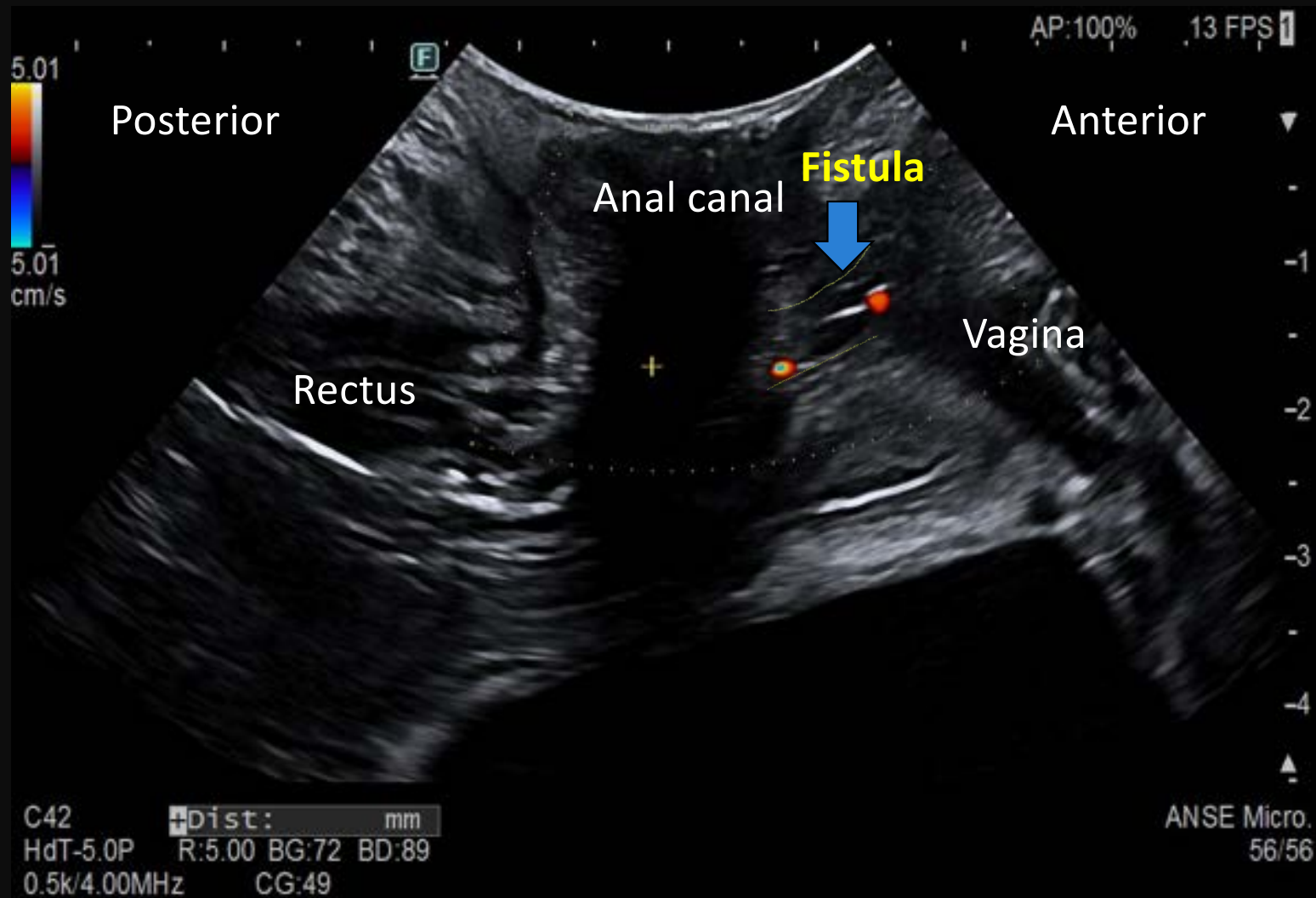


## Trans- and extrasfincteris fistula





# Recto-vaginal fistula, sagittal scan

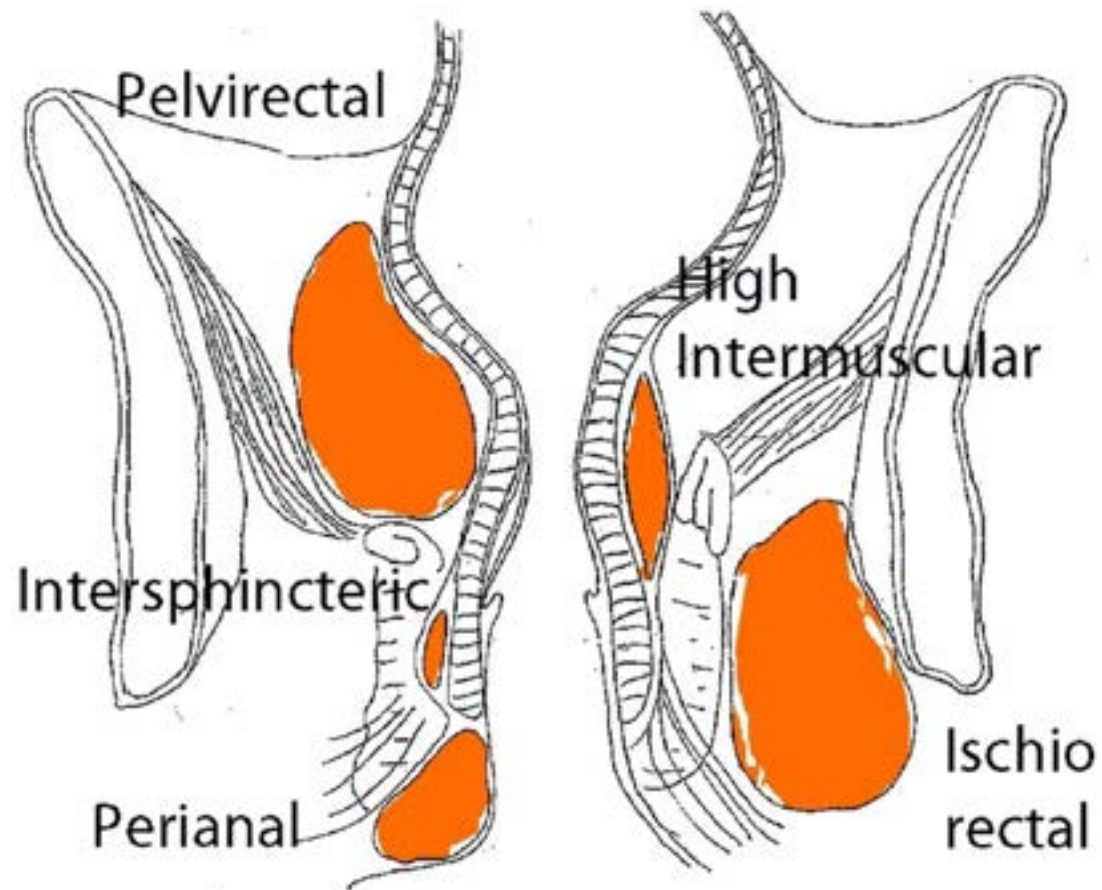




# Recto-vaginal fistula



# Classification of perianal abscesses



# Perianal superficial abscess





# Intersphincteric abscess, trasverse scan

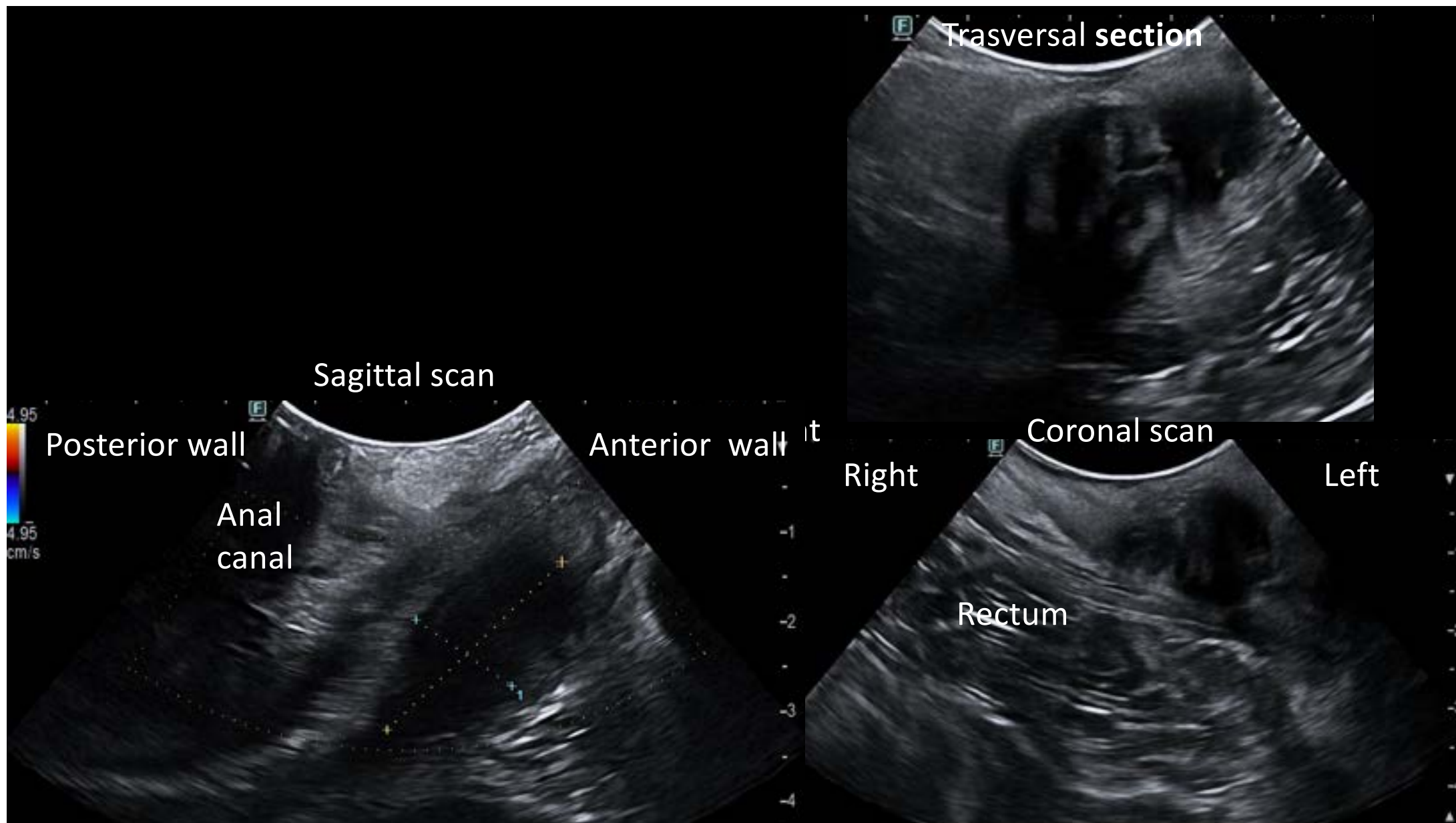
Posterior intersphincteric sbscess, 6 o'clock,  
with no vascular signals on colour Doppler



# Intersphincteric abscess, trasverse scan

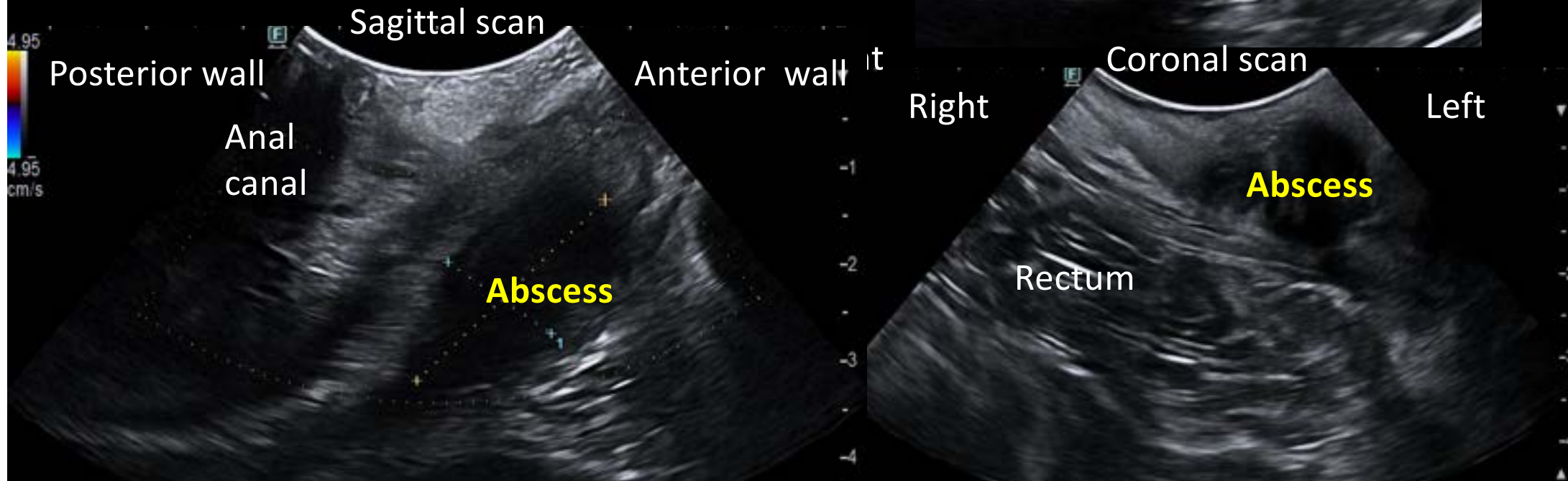
Posterior intersphincteric sbscess, 6 o'clock,  
with no vascular signals on colour Doppler





# Interspincteric abscess

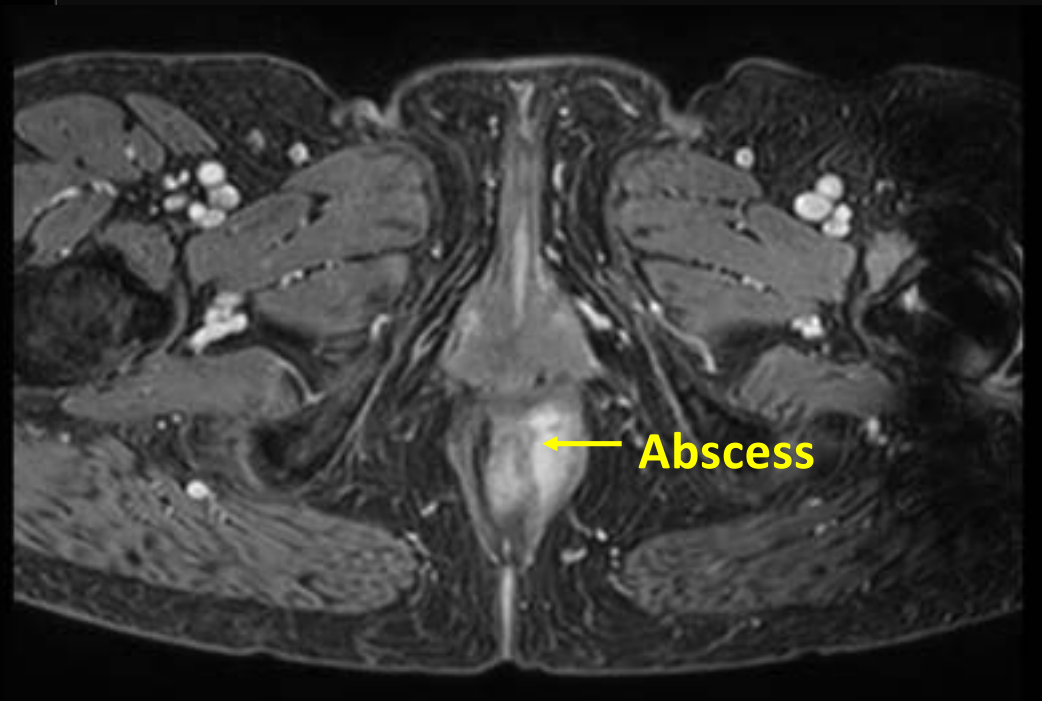
Left anterior hypoechoic lesion, 2 o'clock, no vascular signals on colour Doppler



# Interspincteric abscess

Left anterior hypoechoic lesion, 2 o'clock,  
no vascular signals on colour Doppler

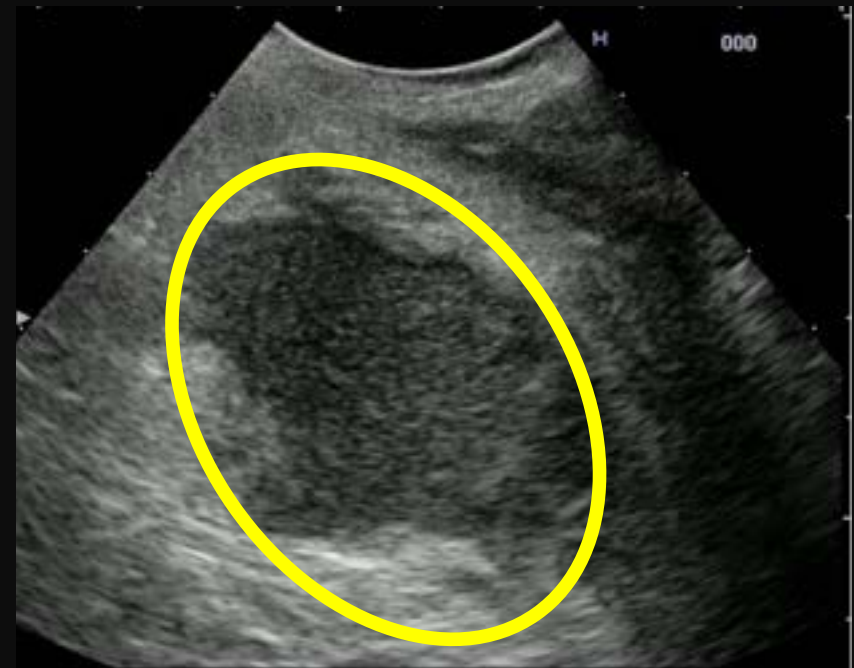
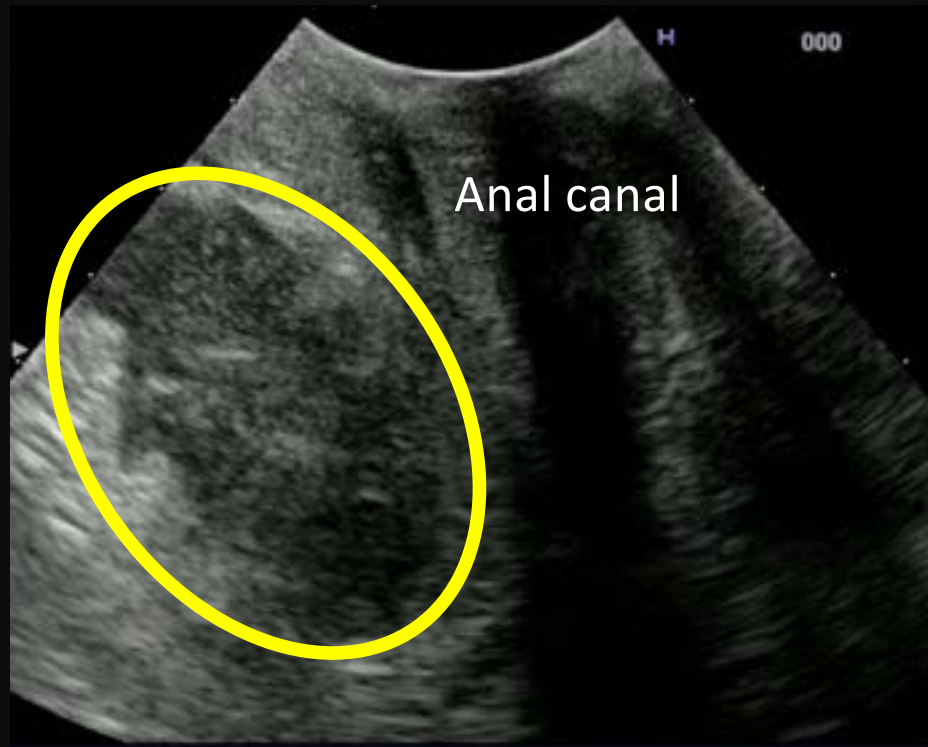
Trasversal section







# Ischiorectal inflammatory mass



# TPUS has a sensitivity of 98% and 86% in detecting perianal fistulae and abscesses

## Detection of perianal fistula

Sensitivity **98%** (95% CI 96-100%)

PPV **95%** (95% CI 90-96%)

## Classification of perianal fistula

Sensitivity **92%** (95% CI 85-97%)

PPV **92%** (95% CI 83-98%)

## Detection of internal orifice

Sensitivity **91%** (95%CI 84%-97%)

PPV **87%** (95%CI: 76%-95%)

## Detection of perianal abscesses

Sensitivity **86%** (95% CI 67-99%)

PPV **90%** (95% CI 76-99%)

12 studies, 565 patients

**Sensitivity reduced for supra/extrasphincteric tracts and deep abscesses**

*Maconi et al. Ultraschall in Med 2017*



*Journal of Crohn's and Colitis*, 2025, **19**(9), ijjaf170  
<https://doi.org/10.1093/ecco-jcc/ijaf170>  
 Advance access publication 18 September 2025  
 Original Article

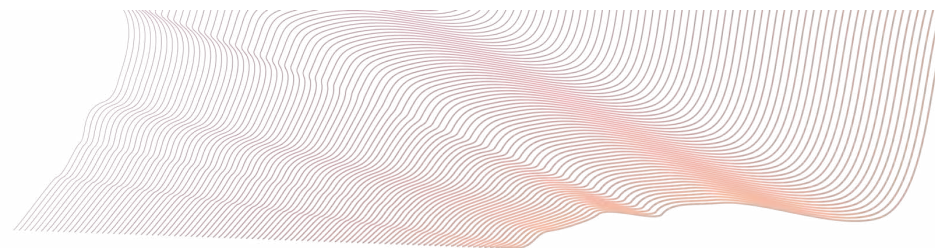


## International consensus on the use of intestinal ultrasound in inflammatory bowel disease trials

Mariangela Allocca<sup>\*,1,2</sup>, Vipul Jairath<sup>2,3</sup>, Bruce E. Sands<sup>3</sup>, David T. Rubin<sup>4</sup>, Bénédicte Caron<sup>5</sup>, Valérie Laurent<sup>6</sup>, Kerri Novak<sup>7,8</sup>, Remo Panaccione<sup>9,10</sup>, Peter Bossuyt<sup>9,10</sup>, David H. Bruining<sup>10</sup>, Axel Dignass<sup>11</sup>, Iris Dotan<sup>12,13</sup>, Joel Fletcher<sup>14</sup>, Mathurin Fumery<sup>15,16</sup>, Federica Furfaro<sup>1</sup>, Jonas Halfvarson<sup>16,17</sup>, Ailsa Hart<sup>17</sup>, Taku Kobayashi<sup>18,19</sup>, Noa Krugliak Cleveland<sup>4</sup>, Torsten Kucharzik<sup>19,20</sup>, Andrea Laghi<sup>21</sup>, Peter L. Lakatos<sup>22,23,24</sup>, Rupert W. Leong<sup>24,25</sup>, Edward V. Loftus<sup>25,26</sup>, Edouard Louis<sup>26</sup>, Fernando Magro<sup>27</sup>, Pablo A. Olivera<sup>28,29</sup>, Shaji Sebastian<sup>30,31</sup>, Britta Siegmund<sup>31,32</sup>, Stephan R. Vavricka<sup>32,33</sup>, Stephanie R. Wilson<sup>33</sup>, Jaap Stoker<sup>34,35</sup>, Jordi Rimola<sup>35,36</sup>, Laurent Peyrin-Biroulet<sup>3</sup>, Silvio Danese<sup>1,37</sup>

# Approved definitions for TPUS response/remission in pCD

| Response                                                                                                                                                                                                                                                                                                                                                                                      | Remission                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• Reduction in the number of separate fistulae (93.3%)</li><li>• Decrease in fistula length/size of at least 50% compared to baseline (76.9%)</li><li>• Reduced number of collections (100%)</li><li>• Reduction in collection size of at least 50% compared to baseline (76.9%),</li><li>• Diminished vascularity as assessed by CDS (84.6%)</li></ul> | <ul style="list-style-type: none"><li>• Complete disappearance of all fistulae (93.3%)</li><li>• Resolution of all collections (100%)</li></ul> |
| Time points                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                 |
| At weeks 12-16, 24, 48-52                                                                                                                                                                                                                                                                                                                                                                     | At weeks 12-16, 24, 36, 48-52                                                                                                                   |



***Thank you***