

IBUS *Nordic* Module 1

Workshop

Introduction of Bowel Ultrasonography

Intestinal Ultrasonography

Curriculum



Helsinki, Finland, December 2nd – 4th, 2026



Welcome!



Dear Colleagues,

Welcome to the International Bowel Ultrasound Group Regional hands-on workshop ***Introduction to intestinal ultrasonography***.

This IBUS workshop, which is the 1st module of the IBUS Curriculum, has been developed by a group of international experts in IBD and intestinal ultrasound (IUS), involving presentations, videos, and hands-on sessions. You will learn about the basics of IUS and the role of IUS in diagnosis, treatment, follow-up, and complications in IBD.

After this workshop, you will have basic knowledge on utilizing IUS in clinical practice and be ready for further training in Module 2 and 3 of the IBUS Curriculum.

We are looking forward to meeting you in Helsinki, Finland!

Best wishes,
Clas-Göran, Johanna, Lauri & Rauf

Local workshop organizers on behalf of the IBUS Nordic Steering Committee and the non-profit association
International Bowel Ultrasound Group e.V.

More info on ibus-group.org

Day 1 – Wednesday, December 2nd



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11:30 - 12:30 Registration and lunch

12:30 - 13:00 Welcome, introduction, course program

13:00 - 13:30 Pretest Module 1

13:30 - 14:00 How to set up the machine and how to perform intestinal ultrasound – Intestinal ultrasound of normal bowel

14:00 - 15:30 Hands-on #1: Setting up the machine and normal intestinal ultrasound (healthy volunteers)

15:30 - 15:45 Coffee and Refreshments

15:45 - 16:15 Intestinal ultrasound in ulcerative colitis

16:15 - 17:45 Hands-on #2: Intestinal ultrasound in ulcerative colitis (ulcerative colitis patients)

17:45 - 18:00 Closing day 1

19:30 - 22:00 Dinner



Day 2 –Thursday, December 3rd



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08:30- 09:00 Intestinal ultrasound in Crohn's disease

09:00- 10:30 Hands-on #3: Intestinal ultrasound in Crohn's disease

10:30 - 11:00 Complications in Crohn's disease

11:00 - 12:00 Hands-on #4: Complications (IBD Cases – library)

12:00 - 12:20 Intestinal ultrasound in pregnancy and in children

12:20 - 13:00 Lunch

13:00 - 14:30 Hands-on #5: Monitoring

14:30 - 14:45 Coffee and Refreshments

14:45 - 15:15 Intestinal ultrasound after surgery; relocation and relapse

15:15 - 16:45 Hands-on #6: Intestinal ultrasound in patients after surgery

16:45 - 17:15 IBUS Nordic: Post course training strategies

17:15 - 17:30 Closing day 2

19:00 - 22:00 Dinner



Day 3 – Friday, December 4th



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08:30 - 09:00 10 Mistakes in intestinal ultrasound
- limitations, pitfalls and solutions

09:00 - 10:30 Hands-on #7: Challenging examinations
(overweight, stoma, rectum)

10:30 - 10:45 Coffee and Refreshments

10:45 - 11:05 Standardized documentation and reporting

11:05 - 12:30 Hands on #8: Team challenge – IBD patients

12:30 - 13:15 Lunch

13:15 - 13:45 What if it is not IBD?

13:45 - 14:15 Post course test

14:15 - 14:30 Feedback, evaluation & closing remarks and
next steps



General Information



Location:

Helsinki University Hospital
Bridge Hospital
Haartmaninkatu 4
00290 Helsinki
Finland

Workshop Organizer:

IBUS Nordic Steering Committee

Workshop Local Organizers:

Clas-Göran af Björkesten, Johanna
Haapamäki, Lauri Puustinen & Rauf
Samaletdin

