

STANDARDIZED DOCUMENTATION AND REPORTING

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IBUS Hands-on Workshop Module 1

April 2026

DISCLOSURE

Honorarium for presenting at conferences

Abbvie, Amgen, Celltrion, Janssen, Lilly, Organon, Pendopharm, Pfizer, Takeda

Honorarium for participation in advisory committees

Abbvie, Amgen, Bristol Myers Squibb, Celltrion, Ferring, Janssen, Lilly, Merck, McKesson, Pendopharm, Sandoz, Takeda

Grant for education, clinical practice, or research

Abbvie, Advanz, Amgen, Celltrion, McKesson, Organon, Pfizer, Sandoz, Takeda

OBJECTIVES

By the end of this presentation, participants will be able to:

- Describe the benefits of an appropriate documentation
- Define the key elements of a standardized and optimized IUS report
- Examine the process of IUS data storage for clinical and research use



**DESCRIBE THE BENEFITS
OF AN APPROPRIATE
DOCUMENTATION**

CLINICAL CASE

- 20-year-old male with ileocolonic Crohn's disease, diagnosed in 2020.
- Previous therapy with prednisone and azathioprine.
- Previous therapy with infliximab, started in 2020 during an hospitalization at the children's hospital.
- Endoscopic remission, confirmed in 2021.
- Blood test and fecal calprotectin within the normal range in 2022.
- Transfer to adult cares.

CLINICAL CASE

- Therapy discontinued by the family due to fear of side effects.
- Clinical remission, but transmural activity in 2023.
- No interest for an advanced therapy.
- Scheduled appointment 3 months later: no show.
- Urgent appointment 6 months later: progressive abdominal pain, bloating, nausea, non-bleeding diarrhea and weight loss reported.
- No recent venous or fecal testings.

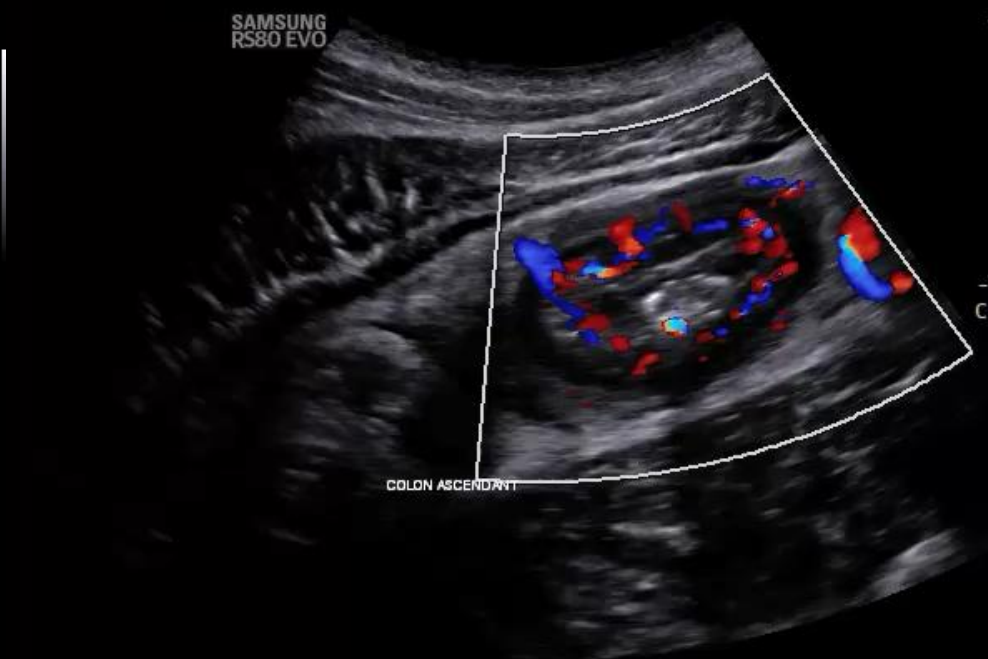
en / --BOWEL GEN / CA3-10A / IPS34 / 7.0cm / IM0.98 / ITm0.2 / 18-09-2024 10:32:45
Rés. / GN 46 / DR 35 / MI 10 / P 90



Abdomen / --BOWEL GEN / CA3-10A / IPS17 / 7.0cm / IM1.2 / ITm0.9 / 18-09-2024 10:31:53

[2D] Frq Rés. / GN 46 / DR 35 / MI 10 / P 90

[C] Frq Gén. / GN 50 / 1.24kHz / P 90



CLINICAL CASE

- Adalimumab and prednisone started.
- 1 month later, clinical response confirmed and family requested to move to Alberta.

CLINICAL CASE

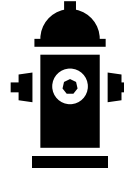
- Mild challenge:
 - Excellent image quality
 - Active disease with inflammatory behavior
 - Concordance with symptoms and transmural activity
- Obvious challenge though to transfer all the information to my amazing colleagues.



BENEFITS OF AN APPROPRIATE DOCUMENTATION



Establish confidence in
your findings et
maximize the clinical
impact



Allow monitoring of the
response to treatment



Allow evaluation of a
potential recurrence or
complication of the
disease

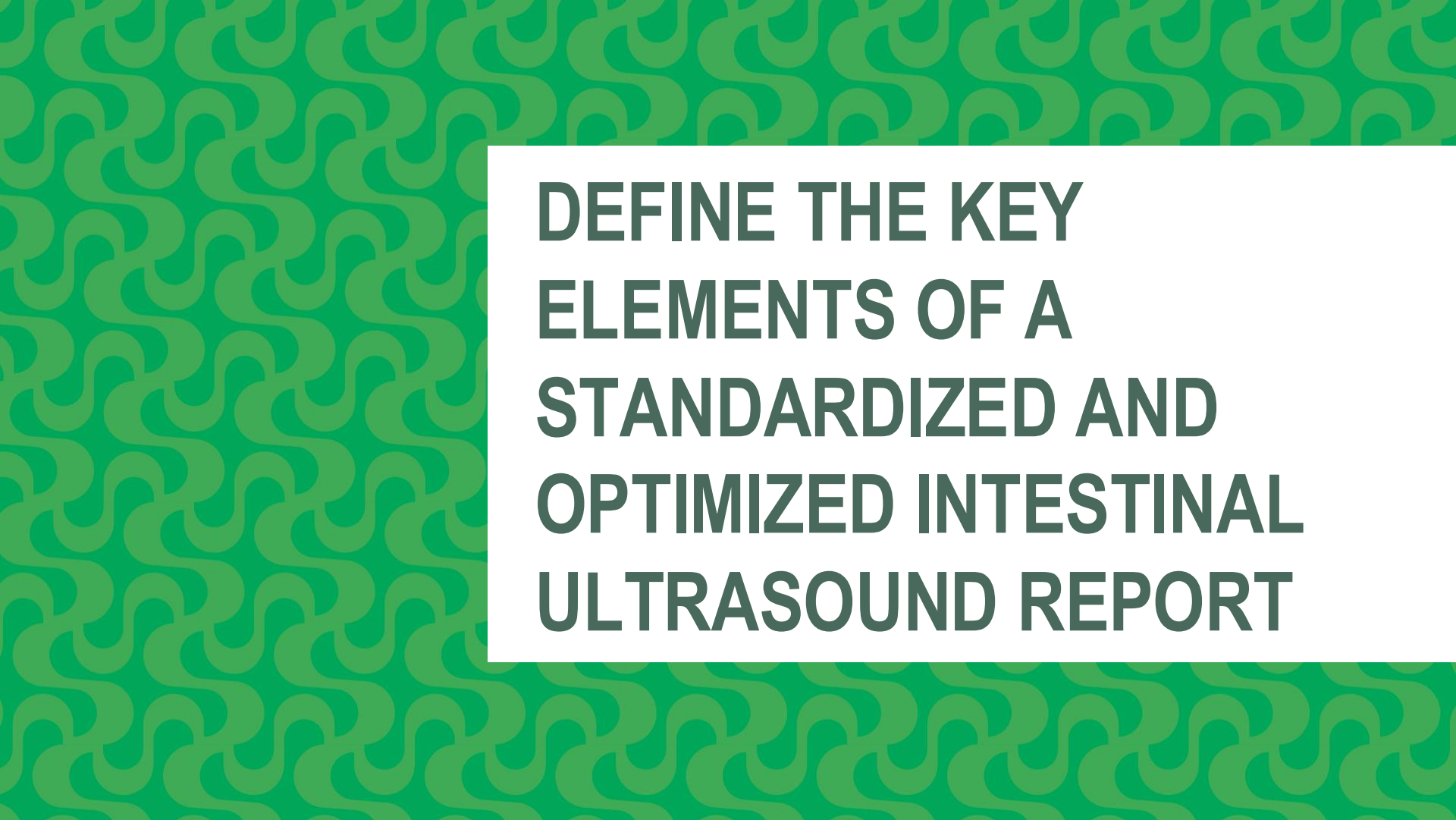
BENEFITS OF AN APPROPRIATE DOCUMENTATION

- An appropriate documentation:
 - Uses an appropriate terminology
 - Has a standardized structure
 - Includes all important disease features
 - Describes the examination itself and the findings
 - Determines the level of confidence
 - Improves communication with your colleagues



Pitfall 1

Believe you are doing this for you only



**DEFINE THE KEY
ELEMENTS OF A
STANDARDIZED AND
OPTIMIZED INTESTINAL
ULTRASOUND REPORT**

KEY ELEMENTS

Journal of Crohn's and Colitis, 2022, 523–543

<https://doi.org/10.1093/ecco-jcc/ijab180>

Advance Access publication October 10, 2021

ECCO Topical Review



ECCO Topical Review

ECCO-ESGAR Topical Review on Optimizing Reporting for Cross-Sectional Imaging in Inflammatory Bowel Disease



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Damian Tolan^e, Rune Wilkens^{f,°}, Robert V. Bryant^g, Christine Hoeffel^h,
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Jordi Rimola^{p,†,°}**

OPTIMIZING ACQUISITION

- How can I make this image better?
- Position? Depth? Focus? Gain?
- Acquisition in each segments:
 - Images and cineloops (3-10 seconds)
 - Longitudinal and cross-sectional views with/without CDS
- Annotations



Pitfall 2

Structured acquisition = structured documentation

OPTIMIZING REPORTING

- Exam description:
 - Indication
 - Disease characteristics: phenotype, previous surgery, previous therapy, actual therapy, symptoms, etc.
 - Fasting? Oral or IV contrast?
 - Machine, probes and settings
 - Technical limitations
 - Quality of imaging

OPTIMIZING REPORTING

- Exam findings:
 - Disease extent: number, location and length of segments with inflammation
 - Disease severity: detailed evaluation of the most severe segment (average of 2 measurements in cross and longitudinal axis)
 - Distinct presentation of findings for the rectum, colon, ileum, and upper GI tract is likely to be useful

OPTIMIZING REPORTING

- Findings to be assessed on a segment basis:
 - Bowel wall thickness (mm)
 - Color Doppler Signal (modified Limberg)
 - Bowel wall stratification (preserved, decreased, absent, uncertain)
 - Inflammatory fat (yes, no, uncertain)
 - Lymph nodes (yes, no)

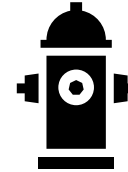
OPTIMIZING REPORTING

- Findings to be assessed on a segment basis:
 - Motility (normal, increased, decreased, uncertain)
- Complications to be described:
 - Stricture with location, length, BWT, luminal narrowing, prestenotic dilatation, inflammation, relation with anastomosis
 - Fistula and/or sinus with location, involved organs, relation with stricture
 - Inflammatory mass or abscess

OPTIMIZING REPORTING



Exam quality



Conclusion
and
follow-up



Pitfall 3
Position yourself



**EXAMINE THE PROCESS
OF IUS DATA STORAGE
FOR CLINICAL AND
RESEARCH USE**

IUS DATA STORAGE

Options are not numerous :



Picture archiving and communication system (PACS)



Internal memory of the machine

IUS DATA STORAGE

Options are not numerous :



Unlimited storage
Backup and support



Limited storage
No backup and less support

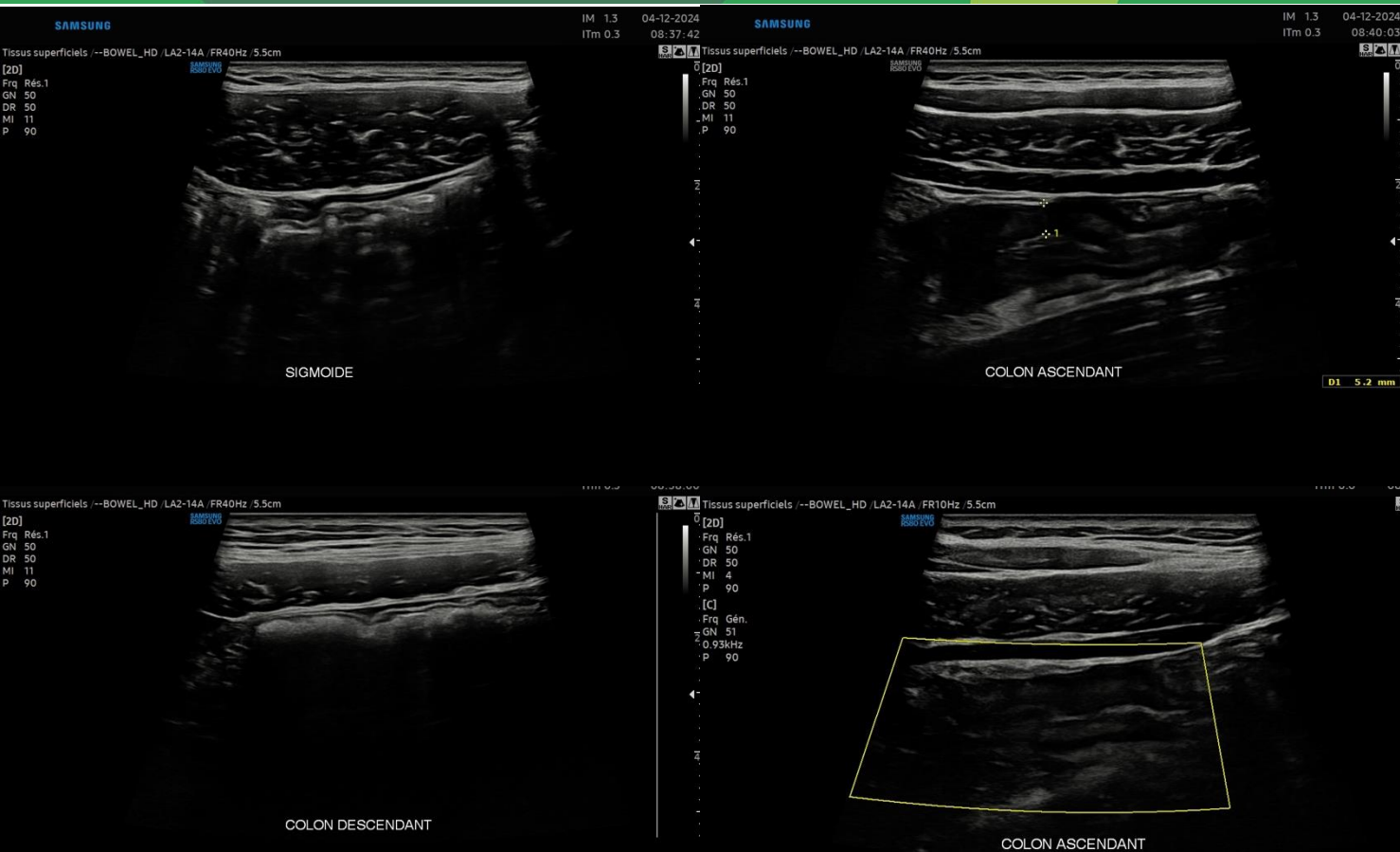


Pitfall 4

Remember that loosing 1 year of work in 1 second is possible

IUS DATA STORAGE

- Ensure that the hardware and software are compatible with the local system.
- Ensure that the room has network connections.
- Involve your IT department early in the process!
- Involve your radiology department? Not necessary, but possibly a smart move.



INTESTINAL ULTRASOUND REPORT

@NAME@ consented for an intestinal US which was performed at the bedside, by non-radiologists, as part of the comprehensive clinical assessment.

TECHNICAL CHARACTERISTICS

BMI	@BMI@
Examination quality	{ExamQuality:53334}
Fasting	{fasting:53335}
US Machine used	{USMachine:103912}
Probes used	{Probes:53337}

INTESTINAL ULTRASOUND FINDINGS

	Rectum	Sigmoid	Descending	Transverse	Ascending	TI/NTI	Proximal SB
BWT (mm)							<3
Limberg Score	N/A	{LimbergScore:53338}	{LimbergScore:53338}	{LimbergScore:53338}	{LimbergScore:53338}	{LimbergScore:53338}	{LimbergScore:53338}
Echostratification	{EchostratificationUS:53341}	{EchostratificationUS:53341}	{EchostratificationUS:53341}	{EchostratificationUS:53341}	{EchostratificationUS:53341}	{EchostratificationUS:53341}	{EchostratificationUS:53341}
Inflammatory Fat	{InflammationFAT:53342}	{InflammationFAT:53342}	{InflammationFAT:53342}	{InflammationFAT:53342}	{InflammationFAT:53342}	{InflammationFAT:53342}	{InflammationFAT:53342}
Complications	{Yes/NoLN:53343}	{Yes/NoLN:53343}	{Yes/NoLN:53343}	{Yes/NoLN:53343}	{Yes/NoLN:53343}	{Yes/NoLN:53343}	{Yes/NoLN:53343}
Length of compromise (cm)	{N/AIUS:53344}	{N/AIUS:53344}	{N/AIUS:53344}	{N/AIUS:53344}	{N/AIUS:53344}	{N/AIUS:53344}	{N/AIUS:53344}

Complications		Location	Comments
Strictures	{Yes/NoLN:53343}	{N/AIUS:53344}	
Fistulas	{Yes/NoLN:53343}	{N/AIUS:53344}	
Abscess	{Yes/NoLN:53343}	{N/AIUS:53344}	
Spiculations	{Yes/NoLN:53343}	{N/AIUS:53344}	
Inflammatory mass	{Yes/NoLN:53343}	{N/AIUS:53344}	
Motility alterations	{Yes/NoLN:53343}	{N/AIUS:53344}	

IMPRESSION: {IUSIMPRESSION:53345}

Consent for an IUS performed at the bedside, by non-radiologists,
as part of the comprehensive clinical assessment.

The sigmoid, descending, transverse, and ascending colon were visualized.
Image quality was excellent. Bowel wall thickening up to 6.8 mm in the
ascending colon. At previous examination, 12.3 mm.

No Doppler signal in the wall (mL0).

Decreased echostratification and inflammatory fat seen. No lymph nodes.

Abnormal segment length of 10 cm.

No abnormalities elsewhere in the colon.

The rectum was visualized. No abnormalities.

The ileum was visualized. No abnormalities.

The 4-quadrant examination showed normal small bowel loops

Normal peristalsis was observed.

No complication were identified.

Overall, transmural response to treatment.

Confidence: high.

CONCLUSIONS

CONCLUSIONS

The first challenge when you start out is acquiring images.

The second is interpreting them.

Documentation may seem less of a priority in this context, but that is not the case.

It is what gives credibility to your work and builds trust.

CONCLUSIONS

Remember :

If MRE, CTE, and IUS are all non-invasive modalities to assess disease activity, IUS is the only that can assess easily the disease at different timepoints.

Take your time, document and enjoy 3, 6 or 12 months later!



QUESTIONS?