

# IBUS Module 1 Workshop

## Introduction of Bowel Ultrasonography Intestinal Ultrasonography



Kuwait City, Kuwait, November 21<sup>st</sup> – 22<sup>nd</sup>, 2025

# Welcome!

Dear Colleagues,

Welcome to the International Bowel Ultrasound hands-on workshop "Introduction to intestinal ultrasonography".

This IBUS workshop, which is the 1st module of the IBUS Curriculum, has been developed by a group of international experts in IBD and intestinal ultrasound (IUS), involving presentations, video cases, and hands-on sessions. You will learn about the basics of intestinal ultrasound (IUS) and the role of IUS in diagnosis, follow-up of treatment, and complications in IBD.

After this workshop, you will have basic knowledge on the use of IUS in clinical practice and be ready for further training in Module 2 and 3 of the IBUS Curriculum.

We are looking forward to meeting you in Kuwait!

Best wishes,  
Dr. Heba Al Farhan

Local organizers of the workshop on behalf of the non-profit association  
International Bowel Ultrasound Group e.V.

## Friday, November 21<sup>st</sup>

08:30 - 09:00	Registration and Welcome Coffee
09:00 - 12:30	Moderator: Heba Al Farhan
09:00 - 09:20	<b>Welcome and Introduction</b> Heba Al Farhan, Kerri Novak
09:20 - 09:40	<b>Pre-course test</b> Mohammed Malik
09:40 - 10:00	<b>IUS in today's and tomorrow's treat to target landscape</b> Christian Maaser
10:00 - 10:15	Comfort Break
10:15 - 10:45	<b>Guide to setting up the machine</b> Kayal Vizhi Nagarajan
10:45 - 11:15	<b>Steps for conducting intestinal ultrasound</b> Federica Furfaro
11:20 - 12:25	<b>Hands on #1: How to set the machine/ Normal IUS findings</b>
12:30 - 13:20	Lunch Break
13:20 - 18:20	Moderator: Mariangela Allocca

13:20 - 13:30	<b>Presentation from Platinum Sponsor: AbbVie</b>
13:30 - 14:00	<b>IUS in non complicated CD</b> Gauraang Bhatnagar
14:05 - 14:55	<b>Hands on #2: IUS in CD</b>
15:00 - 15:30	<b>IUS in non complicated UC</b> Marios Katsaros
15:35 - 16:25	<b>Hands on #3: IUS in UC</b>
16:30 - 16:45	Coffee Break
16:45 - 16:55	<b>Presentation from Platinum Sponsor: Johnson &amp; Johnson</b>
16:55 - 17:25	<b>Is there a scoring and monitoring system available for IBD?</b> Bram Verstockt
17:30 - 18:20	<b>Hands on #4: IBD Patients</b>
19:30 - 21:30	Dinner

## Saturday, November 22<sup>nd</sup>

08:00 - 08:15	Welcome Coffee	13:30 - 14:00	<b>Not all you see is IBD</b> Mariangela Allocca
08:15 - 12:30	Moderator: Mohammed Malik	14:05 - 14:50	<b>Hands on #7: Video Library - Non-IBD intestinal pathology</b>
08:15 - 08:45	<b>Perianal ultrasound</b> Federica Furfaro	14:55 - 15:25	<b>IUS in pediatrics and pregnancy</b> Christos Tzivinikos
08:45 - 09:15	<b>Complicated IUS examinations with Tips and Tricks</b> Christian Maaser	15:25 - 15:55	<b>Standardizing documentation and optimized reporting</b> Mohanned Eltayeb Ahmed
09:15 - 09:45	<b>IUS in post surgical patients</b> Kerri Novak	15:55 - 16:15	Coffee Break
09:50 - 10:40	<b>Hands on #5: Monitoring</b>	16:15 - 17:05	<b>Hands on #8: Team Challenge</b>
10:45 - 11:00	Coffee Break	17:10 - 17:40	<b>Panel discussion - Steps for establishing IUS in the IBD clinic</b> Kerri Novak (Moderator), Heba Al Farhan, Danah Mohammed, Tarkan Karakan, May Fawzi, Mohanned Ahmed, Yaser Meeralam
11:00 - 11:10	<b>Presentation from Platinum Sponsor: Lilly</b>	17:40 - 18:00	<b>IBUS curriculum and IUS projects in IBD</b> Bram Verstockt
11:10 - 11:40	<b>Complications in IBD</b> Heba Al-Farhan	18:00 - 18:30	<b>Post-course test</b> Mohammed Malik
11:45 - 12:30	<b>Hands on #6: Video Library - Complications in IBD</b>	18:30 - 18:40	<b>Closing remarks</b> Heba Al Farhan, Kerri Novak
12:30 - 13:20	Lunch Break	18:40 - 21:00	<b>Farewell reception</b>
13:20 - 18:40	Moderator: Christian Maaser		
13:20 - 13:30	<b>Presentation from Platinum Sponsor: Takeda</b>		



# Faculty List

in alphabetical order

## Heba Al-Farhan

President of Kuwait Gastroenterologists Association (KGA)  
Gastroenterologist  
Department of Gastroenterology,  
Department of Internal Medicine,  
Al Amiri Hospital  
Kuwait City, Kuwait

## Mohanned Eltayeb Ahmed

Consultant Of Gastroenterology & Advanced Endoscopy  
King Khaled University Hospital  
King Saud University  
Riyadh, Saudi Arabia

## Tarkan Karakan

Gazi University Department of Gastroenterology Ankara  
Ankara, Turkey

## Mariangela Allocca

Gastroenterologist, Department of Gastroenterology,  
IRCCS Hospital San Raffaele and University Vita-Salute San Raffaele  
Milan, Italy

## May Fawzi

Professor of Internal medicine  
Hepatology and Gastroenterology division  
Faculty of Medicine Cairo University  
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## Marios Katsaros

Gastroenterologist, Department of Gastroenterology and Hepatology Division,  
Second Propaedeutic Department of Internal Medicine  
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Hippokration General Hospital,  
Thessaloniki, Greece

## Gauraang Bhatnagar

Radiologist, Department of Clinical Radiology,  
Frimley Health NHS Trust,  
Surrey, UK

## Federica Furfaro

Postdoctoral Researcher  
Vita-Salute San Raffaele University  
Gastroenterology and Endoscopy  
IRCCS Ospedale San Raffaele  
Milan, Italy

## Christian Maaser

Professor of Gastroenterology-Clinical Geriatrics,  
Head of Gastroenterology Outpatients` Center,  
Head, Clinic for Geriatrics, Municipal Hospital of Lüneburg,  
Lüneburg, Germany

# Faculty List

in alphabetical order

## Mohammed Malik

Gastroenterology and Hepatology Consultant  
Haya Al-Habeeb GIT Center – Mubarak Hospital  
Vice President of KGA  
Kuwait City, Kuwait

## Kerri Novak

Assoc. Professor of Medicine  
Deputy Division Head, Division of Gastroenterology  
& Hepatology  
Foothills Medical Centre  
University of Calgary  
Calgary, Canada

## Kayal Vizhi Nagarajan

Consultant Gastroenterologist,  
Aster CMI Hospital,  
Bangalore, India

## Yaser Meeralam

Consultant Gastroenterology, IBD  
specialist, Head Of  
gastroenterology Department at  
King Abdullah Medical City  
Makkah, Saudi Arabia

## Christos Tzivinikos

MD DCH FRCPCH MSc CEBP  
Consultant Paediatric Gastroenterologist  
Clinical Associate Professor at MBRU School  
of Medicine  
Al Jalila Children's Specialty Hospital,  
Dubai, UAE

## Danah Mohammed

Gastroenterology & Internal Medicine Specialist  
Advanced IBD and Clinical Nutrition Specialist  
Department of Gastroenterology  
Jaber Al Ahmad hospital  
Kuwait City, Kuwait

## Bram Verstockt

Consultant Gastroenterologist University Hospitals Leuven  
Department of Gastroenterology and Hepatology  
Department of Chronic Diseases and Metabolism  
Leuven, Belgium

# General Information

## Workshop Local Organizers:

### Heba Al-Farhan

President of Kuwait Gastroenterologists  
Association (KGA)  
Gastroenterologist, Department of  
Gastroenterology, Department of Internal  
Medicine, Al Amiri Hospital  
Kuwait City, Kuwait

### International Bowel Ultrasound Group e.V.

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### IBUS Office Team

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## Platinum Sponsors:



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